

*Practical, Warm  
Hand Knits  
for Service Men*



EASY TO MAKE WITH

**BEAR BRAND** *and* **BUCILLA** *Yarns*

VOL. 318 10¢ (IN U.S.A.)





## Approved Navy Turtle-Neck Pull-over No. 217

Sizes 36-38 and 40-42

These instructions are written in size 36-38, any changes needed to make size 40-42 will be found in parentheses.

**MATERIALS**—Bear Brand Special Knitting Worsted (100% Virgin Wool), 10 (12) 2-oz. skeins or 5 (6) 3 $\frac{3}{4}$ -oz. skeins Navy; or Bear Brand-Bucilla Standard Knitting Worsted (100% Virgin Wool), 5 (6) skeins Navy.

Bucilla 14-in. White Knitting Needles, 1 pair each Sizes 4 and 6.

**MEASUREMENTS**—Chest 36-38 ins. (40-42 ins.)  
Length from lower edge to shoulder about 27 ins.

**IMPORTANT**—Check your gauge first.

**GAUGE:** 5 sts=1 in. 6 rows=1 in.

**FRONT**—Using size 4 needles, cast on 96 (104) sts. K 2, p 2 for 3 $\frac{1}{2}$  ins. Using size 6 needles, work in stockinette st, k 1 row, p 1 row for 15 ins., end with a p row.

Bind off 5 (6) sts at beg. of next two rows. Continue in stockinette st, dec. 1 st each side every k row 6 (7) times, leaving 74 (78) sts, end with p row. Work

even for 2 $\frac{1}{2}$  (2 $\frac{3}{4}$ ) ins., end with p row. K 31 (33) sts, turn. Work on these sts as follows: **First row**—Purl. **2nd row**—K to last 3 sts, k 2 tog, k 1. **3rd row**—K 1, p 2 tog, p to end. **4th row**—K to last 3 sts, k 2 tog, k 1. **5th row**—K 1, p 2 tog, p to end. **6th row**—K to last 3 sts, k 2 tog, k 1. **7th row**—Purl. **8th row**—K to last 3 sts, k 2 tog, k 1. **9th row**—Purl. **10th row**—K to last 3 sts, k 2 tog, k 1; 24 (26) sts.

Work 8 rows even.

Shape for shoulder as follows: P to last 6 sts, turn. K back. P to last 12 sts, turn. K back. P to last 18 sts, turn. K back. Bind off.

Slip first 12 sts of 43 (45) now left on needle on to a holder. Join yarn at neck and work on remaining 31 (33) sts as follows: **First row**—K plain. **2nd row**—Purl. **3rd row**—K 1, k 2 tog, k to end. **4th row**—P to last 3 sts, p 2 tog, k 1. **5th row**—K 1, k 2 tog, k to end. **6th row**—P to last 3 sts, p 2 tog, k 1. **7th row**—K 1, k 2 tog, k to end. **8th row**—Purl. **9th row**—K 1, k 2 tog, k to end. **10th row**—Purl. **11th row**—K 1, k 2 tog, k to end. Work 7 rows even.

Shape for shoulder as follows: K to last 6 sts, turn. P back. K to last 12 sts, turn. P back. K to last 18 sts, turn. P back. Bind off.

**BACK**—Work as for front until dec. at armholes have been worked, end with p row; 74 (78) sts. Work even until 8 (8 $\frac{1}{4}$ ) ins. above underarm, end with p row.

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**Official Sweater for the United States Army,  
Air Corps and Marines**

**V-Neck Sleeveless Sweater  
No. 222**

Small Size (32-34), Medium Size (35-37),  
Large Size (38-40)

These instructions are written for medium size, any changes needed for small or large size will be found in parentheses.

**MATERIALS**—Bear Brand Special Knitting Worsted (100% Virgin Wool), Small or Medium Size, 5, 2-oz. skeins or 3, 3¾-oz. skeins; Large Size, 7, 2-oz. skeins or 4, 3¾-oz. skeins; or Bear Brand-Bucilla Standard Knitting Worsted (100% Virgin Wool), Small or Medium Size, 3 skeins; Large Size, 4 skeins.

Bucilla 14-in. White Knitting Needles, 1 pair each Sizes 5 and 6.

**IMPORTANT**—Check your gauge first.

**GAUGE:** 5 sts=1 in.                      6 rows=1 in.

**MEASUREMENTS**—Chest 35-37 (Small Size, 32-34; Large Size 38-40) ins. Length from lower edge to shoulder 24½ (Small Size 23½; Large Size 25½) ins.

**BODY**—Cast on 88 (small size, 80; large size, 96) sts on size 5 needles for lower edge of back. Work ribbing of k 2, p 2 for 4 ins.

Change to size 6 needles. **First row** (right side)—Knit. **2nd row**—K 2, p to within 2 sts of end, k 2. Repeat these 2 rows for 11 (small size, 10; large size, 12) ins., end on right side.

**ARMHOLES**—Bind off 3 sts at beg. of next 2 rows. Beg. shaping. **First row**—K 5, p to within 5 sts of end, k 5. **2nd row**—Knit. **3rd row**—Same as first row. **4th row**—K 5, k 2 tog., k to within 7 sts of end, k 2 tog., k 5. Repeat these 4 rows twice; 76 (small size, 68; large size, 84) sts. Continuing garter st border at armhole edges by knitting the first and last 5 sts in *every* row, work remaining sts in stockinette st until armhole measures 8 ins., end on right side. **Next row**—K 5, p 15 (small size, 12; large size, 18) sts, k 36 (small size, 34; large size, 38) sts, p 15 (small size, 12; large size, 18) sts, k 5. On following row k all sts. Repeat these 2 rows for 1 in., end on wrong side. **Next row**—K 25 (small size, 22; large size, 28), place these sts on a thread for right shoulder, bind off next 26 (small size, 24; large size, 28) sts for back of neck, k to end.

**LEFT SHOULDER**—K 5, p to within 5 sts of end, k 5. K 1 row. Repeat these 2 rows for 7 more rows.

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## Heavy Weight Socks No. 216

Size 11

**MATERIALS**—Bear Brand Special Knitting Worsted (100% Virgin Wool), 4, 2-oz. skeins or 2, 3¾-oz. skeins; or Bear Brand-Bucilla Standard Knitting Worsted (100% Virgin Wool), 2 skeins.

2 pairs (4) Bucilla 10-in. Double-Pointed White Knitting Needles, Size 5.

**IMPORTANT**—Check your gauge first.

**GAUGE:** 11 sts=2 ins. 7 rounds=1 in.

**CUFF**—Cast on 52 sts and divide on 3 needles. Work ribbing of k 2, p 2 for 5½ ins.

**LEG**—K plain until leg measures 7 ins. from cuff, ending at center back.

**HEEL**—Slip last 13 sts worked to 1 needle, work next 13 sts to same needle, leave remaining 26 sts on 2 instep needles. Turn, working from wrong side, p 1 row, k 1 row (always slipping first st at beginning of every row), for 18 rows.

Begin to turn heel on wrong side, slip first st, p 14, p 2 tog; turn, slip 1, k 4, slip, k and pass; turn, slip 1, p 5, p 2 tog; turn, slip 1, k 6, slip, k and pass; turn, slip 1, p 7, p 2 tog; turn; slip 1, k 8, slip, k

and pass, turn. Continue in this way to work toward sides of heel, having 1 st more between decreases every row until 1 st is left on each side. In next 2 rows, work this st tog with the one just before it. There will then be 14 sts left on needle.

**GUSSETS AND FOOT**—Pick up and k 10 sts on side of heel, k across instep, pick up and k 10 sts on other side of heel, k 7 of the heel sts to same needle (17 sts on each sole needle, 26 sts on instep). K 1 round even. Counting from center of heel, k to within 3 sts of end of first needle, k 2 tog, k 1; k across instep; on last needle, k 1, slip, k and pass, k to end of needle. Repeat last 2 rounds until 11 sts remain on each sole needle (48 sts in round). Work even until foot measures 9½ ins. from heel (k more or less for different sizes), ending at center of sole.

**TOE**—Place 12 sts on first needle, 24 sts on 2nd needle and 12 sts on 3rd needle. K to within 3 sts of end of first needle, k 2 tog, k 1; on 2nd needle, k 1, slip, k and pass, k to last 3 sts, k 2 tog, k 1; on 3rd needle, k 1, slip, k and pass, k to end. K 1 round even. Repeat last 2 rounds 5 times, then decrease *every* round until 12 sts remain; k next needle. Break yarn leaving 8 in. end. Weave 6 sole sts tog with 6 upper sts and darn in end. Steam lightly.



## Helmet No. 203

(With Chest and Back Protector)

**MATERIALS**—Bear Brand Special Knitting Worsted (100% Virgin Wool), 4, 2-oz. skeins or 2, 3¾-oz. skeins; or Bear Brand-Bucilla Standard Knitting Worsted (100% Virgin Wool), 2 skeins.

2 pairs (4) 10-in. Double-Pointed White Knitting Needles, Size 5.

**Chest-and-Back Protector Parts:** Cast on 32 sts, k 2 rows (1 ridge) in garter stitch. \* Next row k 1, increase (k 2 sts in one) in next st, k to end of row; repeat from \* 15 times; there will now be 48 sts on needle (8 increases at each side). K even in garter stitch until there are 38 ridges from beginning, break off. Make a duplicate piece, but do not break off yarn at end.

Now divide all 96 sts on 3 needles, and work in ribbing of k 2, p 2, as follows: k the last st of first piece to the needle that holds the sts of second piece; with a 3rd needle p 2, k 2, alternately, on the next 32 sts; with 4th needle continue in ribbing of p 2, k 2, on the remaining 15 sts of first garter stitch piece, ending with k 1; to the same needle k the first st of second garter stitch piece, and continue ribbing with p 2, k 2, alternately, on the next 16 sts of second piece; with the free needle continue ribbing on remaining 32 sts of first piece; there will now be 32 sts on each of 3 needles. Continue in ribbing for 5 inches, ending with k 2.

Next row bind off for face-opening: work in ribbing on the first 12 sts, bind off the next 22 sts, ribbing

to the first bound-off st for face opening, turn, work back and forth on the 74 sts left on needles, for 3 more rows.

**Short rows in front of first ear-opening:** Turn, \* work in ribbing on the first 16 sts, turn, repeat from \* until there are 10 short rows, drop yarn.

**Rows in back of ear-openings:** Join another ball of yarn at end of first short row and work in ribbing as before on the next 42 sts, for 10 rows (meanwhile keeping the remaining 16 sts on free needle or stitch holder), break off yarn.

**Short rows in front of ear-opening at other side:** Join yarn at end of first row in back, work 10 rows in ribbing on the remaining 16 sts, break off yarn.

Now pick up the dropped yarn at end of the first 10 short rows and continue in ribbing on all 74 sts for 3 rows. Cast on 22 sts, work round and round in ribbing on all 96 sts for 3 inches; decrease 1 st at end of last round.

Now work **Top of Helmet** in stockinette stitch, shaping it as follows: 1st round: \* k 17, k 2 together, repeat from \* to end of round (5 decreases). 2nd round, and every other round thereafter: knit all sts. 3rd round: \* k 16, k 2 together, repeat from \* to end of round. 4th round: work even. 5th round: \* k 15, k 2 together, repeat from \* to end of round. Continue in this way to work one st less between decreases in each successive decreasing round until 45 sts remain, then decrease in every round until 15 sts remain. Break off yarn, draw end through all 15 sts, twice, draw sts together tightly and darn in end on wrong side.

Press top part (stockinette stitch part) on wrong side under a damp cloth. If ear-openings are not desired, the edges may be sewn together.



## Mittens No. 211

Medium Size

**MATERIALS**—Bear Brand Special Knitting Worsted (100% Virgin Wool), 2, 2-oz. skeins or 1, 3¾-oz. skein; or Bear Brand-Bucilla Standard Knitting Worsted (100% Virgin Wool), 1 skein.

1 set (5) Bucilla Steel Sock Needles, Size 10.

**GAUGE:** 6 stitches=1 inch    9 rounds=1 inch

**CUFF**—Cast on 48 sts, place them on 4 (or 3) needles, join and work in ribbing of k 2, p 2, for 3½ inches.

**HAND**—K 6 rounds even.

**1st increasing round for thumb:** increase in next st, k 1, increase in next st, k to end of round. K 2 rounds even.

**2nd increasing round:** increase in next st (mark this as the first thumb st), k 3, increase in next st (the last thumb st), k to end of round. K 2 rounds even.

**3rd increasing round:** increase in first thumb st, k 5, increase in last thumb st, k to end of round. K 2 rounds even.

**4th increasing round:** increase in first thumb st, k 7, increase in last thumb st, k to end of round. K 2 rounds even.

**5th increasing round:** increase in first thumb st, k 9,

increase in last thumb st, k to end of round. K 2 rounds even.

**6th increasing round:** increase in first thumb st, k 11, increase in last thumb st, k to end of round (60 sts in round). K 3 rounds even, ending at the first thumb st. Slip the next 15 sts to a strand of yarn, to be held for thumb. Cast on 3 sts at end of last needle (between thumb and hand), k to end of round (48 sts in round). Work even for 4 inches.

**1st decreasing round:** \* k 4, k 2 tog, repeat from \* to end of round (8 decreases). K 3 rounds even.

**2nd decreasing round:** \* k 3, k 2 tog, repeat from \* to end of round. K 2 rounds even.

**3rd decreasing round:** \* k 2, k 2 tog, repeat from \* to end of round. K 1 round even.

**4th decreasing round:** \* k 1, k 2 tog, repeat from \* to end of round. K 1 round even.

**5th decreasing round:** k 2 tog, 8 times in succession. Break off, leaving an end. Draw end through all 8 sts, draw them together tightly and darn in end.

**THUMB**—Slip the 15 sts held for thumb to 2 needles, with a 3rd needle pick up and k 4 sts on the 3 cast-on sts between thumb and hand. K even until thumb measures 2¼ inches from the cast-on sts; k 2 sts tog at end of last round. **1st decreasing round:** \* k 2 tog, k 4, repeat from \* to end of round. K 1 round even. **2nd decreasing round:** \* k 2 tog, k 3, repeat from \* to end of round. K 1 round even.

**3rd decreasing round:** k 2 sts tog, 6 times in succession. Break off, leaving an end; draw end through remaining 6 sts, tighten and darn in end.

## V-Neck Pull-over No. 202

Sizes 34-36 and 38-40

These instructions are written in size 38-40, any changes needed for size 34-36 will be found in parentheses.

**MATERIALS**—Bear Brand Special Knitting Worsted (100% Virgin Wool), 8, 2-oz. skeins or 4, 3¾-oz. skeins; or Bear Brand-Bucilla Standard Knitting Worsted (100% Virgin Wool), 4 skeins.

Bucilla 14-in. White Knitting Needles, 1 pair each Sizes 4 and 7.

**GAUGE:** 5 stitches=1 inch 13 rows=2 inches

**BODY** — With the fine (No. 4) needles, cast on loosely 84 (80) sts for lower edge of front; work in ribbing of k 1, p 1, for 5 inches. K 1 row plain, increasing in every 10th (12th) st, 92 (86) sts on needle. Change to the large needles and work even in stockinette stitch (p 1 row, k 1 row) until front measures 15 (14½) inches from beginning (or work to any desired length below armholes).

Bind off 3 sts at beginning of each of the next 2 rows; decrease 1 st at both ends in each of the next 4 knit rows, 78 (72) sts left. Work 3 rows even, ending with a purled row

Next row divide for neck opening: k the first 39 (36) sts and slip them to a stitch holder or strand of yarn, k remaining 39 (36) sts, turn and p back to center (point of V-neck). Work 2 more rows even, ending at neck. \* Next row k the first 2 sts together, k to armhole. Work 3 rows even. Repeat from \*, thus decreasing at neck every 4th row, until there are 7 decreases, then decrease every other row, 8 (7) times, 24 (22) sts left. Work 3 rows even after the last decrease, ending at neck; break off. Slip the 39 (36) sts from stitch holder back to needle. Beginning at neck, p to armhole and next row decrease 1 st at neck; continue to work this side to correspond to first side, ending last row at armhole. K back to neck, cast on 30 (28) sts for back of neck, k the 24 (22) sts from first side on to the same needle. Work even on these 78 (72) sts for 48 (46) rows. Increase 1 st at both ends every other row, 4 times; cast on 3 sts at beginning of each of the next 2 rows, 92 (86) sts on needle. Work even until there are as many rows on back as on front, from armholes to ribbing, ending with a purled row.

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### Approved Navy Watch Cap No. 218

**MATERIALS**—Bear Brand Special Knitting Worsted (100% Virgin Wool), 2, 2-oz. skeins or 1, 3¾-oz. skein; or Bear Brand-Bucilla Standard Knitting Worsted (100% Virgin Wool), 1 skein.

2 pairs (4) Bucilla 10-in. Double-Pointed White Knitting Needles, Size 3.

**GAUGE:** 15 sts=2 ins.

Cast on 140 sts.

**First row**—\* K 1, p 1; repeat from \* to end.

**2nd row**—\* P 1, k 1; repeat from \* to end.

Repeat these two rows twice.

Divide sts on three needles as follows: 46 sts on first two, and 48 sts on the third; join and work around in ribbing of k 1, p 1 for 12 ins. K plain for 1 in.

Break thread leaving about 12 ins., and draw through all sts. Gather as tightly as possible, then sew firmly together to entirely close opening and make a pleated effect.

Press with a damp cloth and warm iron.

Sew ends of border together.

### V-Neck Pull-over No. 202

(Continued from Page 7)

Change to the fine needles, k 1 row knitting every 10th and 11th st together (12th and 13th st), 84 (80) sts left. Work even in ribbing of k 1, p 1 for

5 inches; bind off loosely, knitting the knitted and purling the purled sts.

Sew side seams.

**NECKBAND**—With the fine needles and beginning in first row from back, on left shoulder, pick up and k 37 sts on neck edge to point of V-neck (about 3 sts for every 4 rows), pick up 1 st at point, then pick up and k 37 sts on other side of neck edge, up to back. **1st row of ribbing** (wrong side): p 1, k 1, alternately, on the first 37 sts to point st, ending with p 1; k the point st; p 1 and k 1, alternately, ending row with p 1. **2nd row of ribbing:** turn, k 1 and p 1, alternately, to within 1 st of point st (ending with p 1); k the next 3 sts together (the point st and 1 st on each side of it); p 1, k 1, alternately, to end of row. **3rd row of ribbing** (wrong side): ribbing as before to within 1 st of point st, p the next 3 sts together (the point st and 1 st on each side of it); ribbing as before to end of row. Repeat the last 2 rows once. Bind off loosely, knitting the knitted and purling the purled sts. Pick up and k 32 (30 sts across back of neck, work 5 rows in ribbing and bind off as on front band. Sew front and back neckband together at sides.

**SLEEVES**—Cast on 56 (54) sts on the fine needles and work in ribbing of k 1, p 1 for 22 rows. Change to the large needles and work in stockinette stitch, 14 rows even. Increase 1 st at both ends of next row, and of every 10th row thereafter, until there are 10 increases at each side. Work even on these 76 (74) sts, until sleeve measures 21 inches from beginning (or work to any desired length of sleeve at underarm. Bind off 6 sts at beginning of each of the next 2 rows, then bind off 2 sts at beginning of every row for 16 rows, and 3 sts at beginning of each of the following 2 rows; bind off all remaining sts. Sew sleeve seams. Baste and sew sleeves into armholes with seams meeting at underarm.

### Approved Navy Turtle-Neck Pull-over No. 217

(Continued from Page 2)

Shape for shoulder as follows: K to last 6 sts, turn. P to last 6 sts, turn. K to last 12 sts, turn. P to last 12 sts, turn. K to last 18 sts, turn. P to last 18 sts, turn. K to last 24 (26) sts, turn. P to last 24 (26) sts, turn. K to end of row. Bind off 25 (27) sts, p 24 sts, bind off 25 (27) sts.

**LONG SLEEVES**—Using size 4 needles, cast on 48 (56) sts, k 2, p 2 for 3 ins. Using size 6 needles, k 4 (8), \* inc. 1 st in next st, k 7, repeat from \* to last 4 (8) sts, inc. 1 st in next st, k 3 (7); 54 (62) sts. Continue in stockinette st, inc. 1 st at each side every 8th row until there are 74 (82) sts on needle. Work even in stockinette st until 18 (19) ins. from beg., end with p row. Bind off 1 st at beg. of every row until 60 (72) sts remain, then bind off 2 sts at beg. of every row until 24 sts remain. Bind off all sts. Work another sleeve in the same manner.

**TO MAKE UP**—With a damp cloth and warm iron press carefully. Sew up right shoulder seam.

**COLLAR**—Using size 4 needles, pick up and k 24 sts along left side of neck, take up and k the 12 sts of front, pick up and k 24 sts along the right side of neck; work across 24 sts of back; 84 sts.

K 2, p 2 on these 84 sts for 5 ins. Bind off loosely, knitting the k sts and purling the p sts.

Sew up other shoulder and collar. Sew in sleeves, matching armholes. Sew sleeves and side seams.



## Medium Weight Socks No. 206

Medium Size

**MATERIALS**—Bear Brand or Bucilla "Casa-Laine"† Sport Yarn (100% Domestic Virgin Wool), 2 balls; or Bear Brand-Bucilla Ladyfair Sweater and Stocking Yarn (100% Virgin Wool), 2 skeins.

1 set (5) Bucilla Steel Sock Needles, Size 11.

**GAUGE:** 7 sts=1 inch      10 rounds=1 inch

**CUFF**—Cast on 64 sts, divide on 3 (or 4) needles, join and work ribbing of k 2, p 2 for 4 inches.

**LEG**—K plain until leg measures 6 inches from cuff. Next round k 1, k 2 tog, k to within 3 sts of end of round, slip 1, k 1, pass the slipped st over the knitted ("slip, k and pass,") k the last st of round. K 6 rounds even. Next round, k 1, k 2 tog, k to the last 3 sts of round, slip, k and pass, k the last st. Work even (60 sts) until leg measures 8 inches from cuff, ending at center of back (between the decreases).

**HEEL**—Slip 15 sts on each side of back to 1 needle, for heel, leave remaining 30 sts on the 2 instep needles. Turn, working from wrong side slip first st as if to p, p across the heel needle, turn, slip first st as if to k, k to end of heel sts. Repeat these 2 rows until there are 24 rows from beginning of heel (12 slipped sts at each side edge). Begin to

turn the heel on wrong side: slip first st, p 16, p 2 tog, turn, slip 1, k 4, slip, k and pass; turn, slip 1, p 5, p 2 tog, turn; slip 1, k 6, slip, k and pass; turn, slip 1, p 7, p 2 tog, turn; slip 1, k 8, slip, k and pass; turn. Continue in this way to work toward sides of heel, having 1 more st between decreases in every row, until 1 st is left at each side; in next 2 rows work this st together with the one just before it; there will then be 16 sts left on needle.

**GUSSETS AND FOOT**—Pick up and k 12 sts on side edge of heel, k the 2 instep needles, pick up and k 12 sts on other side edge of heel, k 8 of the heel sts to the same needle. There will be 20 sts on each of the 2 sole needles, and 30 sts across instep. K 1 round even. Counting from center of heel, k to within 3 sts of end of first needle, k 2 tog, k 1; k across instep; on last needle k 1, slip, k and pass, k to end of needle. Repeat the last 2 rounds until 13 sts are left on each sole needle (56 sts in round). Work even until foot measures 7½ inches from heel (k more, or less, for different sizes).

**TOE**—Place 14 sts on 1st needle (counting from center of sole), 28 sts on 2nd needle, and 14 sts on 3rd needle. K to within 3 sts of end of 1st needle, k 2 tog, k last st; on 2nd needle k 1, slip, k and pass, k to the last 3 sts, k 2 tog, k the last st; on 3rd needle k 1, slip, k and pass, k to end. K 1 round even. Repeat the last 2 rounds, 5 times, then decrease in every round until 16 sts are left. K the next needle, break off. Weave the 8 sole sts together with the 8 upper sts and darn in end.

## Sleeveless High-Neck Sweater

### No. 200

(to be worn under shirt)  
Medium Size

**MATERIALS**—Bear Brand Special Knitting Worsted (100% Virgin Wool), 6, 2-oz. skeins or 3, 3¾-oz. skeins; or Bear Brand-Bucilla Standard Knitting Worsted (100% Virgin Wool), 3 skeins.

1 pair Bucilla 14-in. White Knitting Needles, Size 9.

**MEASUREMENTS**—Chest measure (when slightly stretched), 38 inches. Length from lower edge to armholes, 14 inches.

[For a smaller size (34-36) use No. 8 needles]

**GAUGE:** 4 stitches=1 inch      6 rows=1 inch

Cast on 72 sts, work in ribbing of k 2, p 2, for 3 inches, then work in stockinette stitch (k 1 row, p 1 row) for 11 inches, ending with a k row. \* Next row (wrong side) k 6, p to the last 6 sts, k 6. K the entire next row. Repeat from \* for 7 inches (42

rows), ending with a k row. K 4 ridges (8 rows) in garter stitch (k all rows). Next row on wrong side k 6; p 1 and k 1, alternately, for 11 sts; k 6; bind off the next 26 sts for front of neck; k 6; p 1 and k 1, alternately (ribbing of k 1, p 1), for 11 sts; k 6.

**First shoulder:** k 7, ribbing of p 1, k 1, on 10 sts, k remaining 6 sts to neck edge; turn, k 6, ribbing of p 1, k 1, on 11 sts; k 6. Repeat these 2 rows until there are 20 rows of ribbing, ending at neck; break off.

**Second shoulder:** beginning at neck edge, work second shoulder same as first, ending last row at armhole. Work back to neck, cast on 26 sts for back of neck, work pattern as before across first shoulder (k 6, ribbing on 11 sts, k 6). K 8 rows (4 ridges) in garter stitch on all 72 sts. \* K 1 row; next row k 6, p to the last 6 sts; k 6. Repeat from \* for 7 inches. Work in stockinette stitch for 11 inches, then work in ribbing of k 2, p 2, for 3 inches. Bind off loosely, knitting the knitted and purling the purled sts. Sew side seams up to the garter stitch border, this leaves 9 inches open for armhole.



## Gloves No. 219

Medium Size

**MATERIALS**—Bear Brand Special Knitting Worsted (100% Virgin Wool), 2, 2-oz. skeins or 1, 3¾-oz. skein; or Bear Brand-Bucilla Standard Knitting Worsted (100% Virgin Wool), 1 skein.

2 pairs (4) Bucilla 10-in. Double-Pointed White Knitting Needles, Size 3.

**RIGHT HAND GLOVE**—Cast on 56 sts, 20 on each of two needles and 16 on the third. K 2, p 2 for 3 ins., increasing 2 sts in last round. Begin hand.

**First round**—P 1, k 5, p 1, k plain to end of round. Repeat this round twice. (The p sts mark gusset for thumb.)

**4th round**—P 1, increase 1 st in next st, k 3, increase 1 st in next st, p 1, k plain to end of round.

**5th round**—P 1, k 7, p 1, k plain to end of round. Repeat this round 4 times. Increase 2 sts between the 2 p sts in next and every 6th round following until there are 13 sts between p sts. Work 6 rounds even, casting on 3 sts at end of last round. Next round, slip first 15 sts on to a thread for thumb, continue around in plain knitting (54 sts). Work 13 rounds even.

**First Finger**—K first 5 sts, slip next 38 sts to a thread, cast on 2 sts and k the last 11 sts. Divide these 18 sts evenly on 3 needles. Work 3 ins. (k more for longer finger) in plain knitting.

**Decrease round**—K 2 tog 9 times. Break off. Run end through remaining sts, draw up and darn in securely on wrong side.

**2nd Finger**—K next 7 sts of round (palm), cast on 2 sts, k last 7 sts of round, pick up and k 3 sts at base of First Finger.

Divide these 19 sts on three needles. Work ¾ ins. even.

**Decrease round**—K 2 tog 9 times, k 1. Finish as for First Finger.

**3rd Finger**—K next 7 sts of round, cast on 2 sts, k last 7 sts of round, pick up and k 2 sts at base of Second Finger. Divide these 18 sts evenly on 3 needles. Work as for First Finger.

**4th Finger**—K remaining sts, pick up and k 4 sts at base of Third Finger. Divide these 14 sts on 3 needles. Work ¼ ins. even.

**Decrease round**—K 2 tog 7 times. Finish as for First Finger.



**THUMB**—K the 15 sts which were left for thumb, pick up and k 4 sts from opening. Divide these sts on 3 needles. Work until ¼ ins. on inner side.

**Decrease round**—K 2 tog 9 times, k 1. Finish as for First Finger.

**LEFT HAND GLOVE**—Work as given for Right Hand Glove until fingers are reached.

**First Finger**—K first 11 sts, slip next 38 sts to a thread, cast on 2 sts, and k last 5 sts.

Work remainder of glove as for Right Hand Glove, beg. at the back to k sts for fingers. Steam lightly.

## V-Neck Sleeveless Sweater No. 222

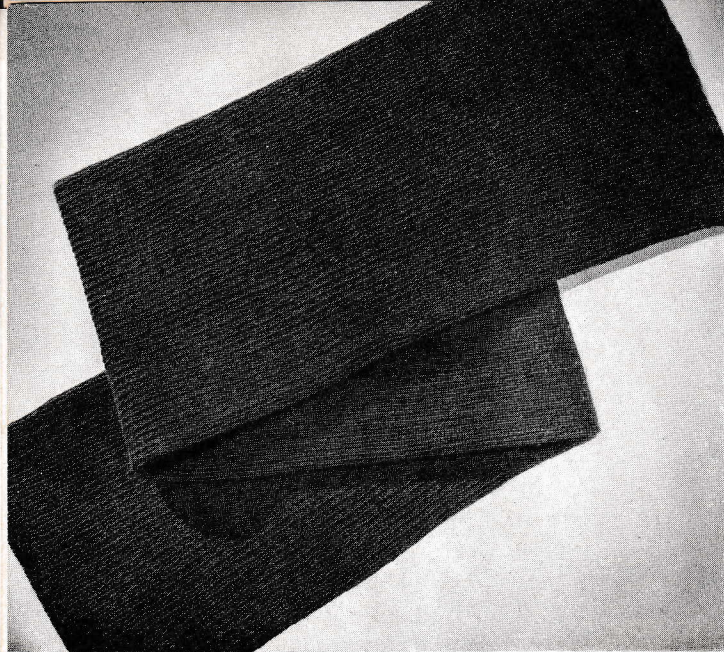
(Continued from Page 3)

**NECK SHAPING**—First row—K 5, inc. 1 st in next st, k to end. 2nd row—K 5, p to within 5 sts of end, k 5. 3rd row—Knit. 4th row—Same as 2nd row. 5th row—Same as first row. 6th row—Same as 2nd row. Continue in this way to inc. 1 st at inner edge of neck border every 4th and 2nd row alternately until 38 (small size, 34; large size, 42) sts on needle, end on wrong side. Break yarn and place sts on a thread. Take up sts of right shoulder and joining yarn at neck edge, work to correspond, increasing in 7th st from neck edge, end on wrong side. Do not break yarn.

**Next row**—K across sts of both sides; 76 (small size, 68; large size, 84) sts. 2nd row—K 5, p 28 (small size, 24; large size, 32), k 10, for center front,

p 28 (small size, 24; large size, 32), k 5. Continue to work garter st on 5 sts each side and 10 center sts for 6 more rows. Discontinuing garter st at center front only, work even until same length as back armhole (measuring from center of even rows for shoulder, to last dec. on back), end on wrong side. **Inc. row**—Inc. 1 st each side in 6th st from each edge. Repeat inc. every 4th row twice. Work 3 rows even. Cast on 3 sts at beg. of next 2 rows; 88 (small size, 80; large size, 96) sts.

Work stockinette st, working first 2 and last 2 sts in garter st for 11 (small size, 10; large size, 12) ins. Change to size 5 needles and work ribbing of p 2, k 2 for 4 ins. Bind off as to k and p. Sew seams. Steam.



## Approved Navy Scarf No. 220

11 inches wide — 48 inches long.

**MATERIALS**—Bear Brand or Bucilla 2-ply Floss (100% Domestic Virgin Wool), 10 balls. 1 Bucilla Sure-Fit 16-in. Circular Steel Knitting Needle, Size 3; or 2 prs. (4) Bucilla 10-in. Double Pointed White Knitting Needles, Size 3.

Cast on 158 sts (if double pointed needles are used, divide on 3 needles). K 1, p 1 and repeat for 48 ins. Bind off, knitting the k and purling the p sts. Work 1 row s c on each end to close ends of scarf. Steam lightly.



## Army Muffler No. 213

**MATERIALS**—Bear Brand Special Knitting Worsted (100% Virgin Wool), 4, 2-oz. skeins or 2, 3¾-oz. skeins; or Bear Brand-Bucilla Standard Knitting Worsted (100% Virgin Wool), 2 skeins.

1 pair Bucilla 14-in. White Knitting Needles, Size 8.

Cast on 46 sts. K even in garter stitch (k every row) for 46 inches; bind off.



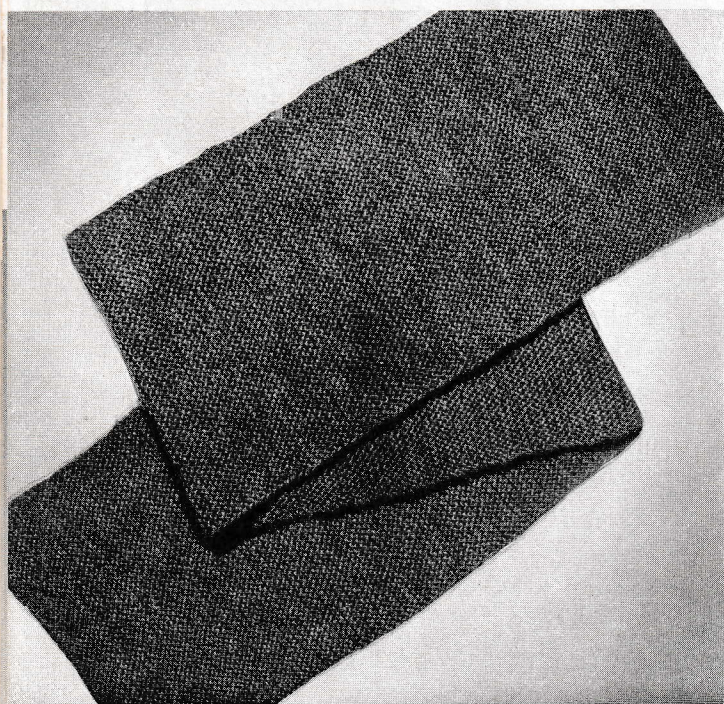
## Wristlets No. 210

**MATERIALS**—Bear Brand Special Knitting Worsted (100% Virgin Wool), 2, 2-oz. skeins or 1, 3¾-oz. skein; or Bear Brand-Bucilla Standard Knitting Worsted (100% Virgin Wool), 1 skein.

1 pair Bucilla 14-in. White Knitting Needles, Size 4.

Cast on 48 sts. Work back and forth in ribbing of k 2, p 2, for 10 inches. Bind off, knitting the knitted and purling the purlled sts; break off yarn, leaving an end to sew with. Thread end in a darning needle and sew side edges of wristlet together for 6½ inches, fasten off; leave edges open on the next 10 rows (thumb-opening, see illustration), then sew the edges together for remaining 2 inches and fasten off.

If thumb-opening is not desired, sew seam along the entire length of wristlet.





## Trigger Gloves No. 208

Medium Size

**MATERIALS**—Bear Brand or Bucilla "Casa-Laine"† Sport Yarn (100% Domestic Virgin Wool), 1 ball; or Bear Brand-Bucilla Ladyfair Sweater and Stocking Yarn (100% Virgin Wool), 1 skein.

1 set (5) Bucilla Steel Sock Needles, Size 12.

**GAUGE:** 7 stitches=1 inch    11 rows=1 inch

**CUFF**—Cast on 56 sts, place them on 3 (or 4) needles, join, work in ribbing of k 2, p 2, for 3 inches.

**HAND**—K 1 round plain; mark the last st as end of rounds.

**1st increasing round for thumb gore:** k 2 sts in first st (an increase), k 1, increase in next st, k to end of round. K 2 rounds even.

**2nd increasing round:** increase in first thumb st, k 3. increase in last thumb st, k to end of round. K 2 rounds even.

**3rd increasing round:** increase in first thumb st, k 5, increase in last thumb st, k to end of round. K 2 rounds even. Continue to increase in first and in last thumb st every 3rd round, having 2 sts more between increases in every successive increasing round, until there are 9 increases on each side of thumb gore (21 sts in gore). K 2 rounds even after the last increase, ending just before the first thumb st; k also the first thumb st. Slip the next 19 sts to a thread and tie ends of thread; cast on 5 sts (inner side of thumb), k to end of round (60 sts in round).

K even for 24 rounds, ending just before the 5 cast-on sts.

**FIRST FINGER**—Slip the last 10 sts worked to a free needle, with another needle k the next 7 sts (the sts right over the 5 cast-on sts, and 2 sts more); slip remaining 43 sts to a thread (to be held for the other 3 fingers), cast on 5 sts to the second needle. Divide these 22 sts on 3 needles, work round and round in ribbing of k 1, p 1, for 10 rounds; bind off, knitting the k sts and purling the p sts.

**SECOND FINGER**—Slip 7 sts from thread on upper side of hand to needle, pick up 5 sts on the 5 cast-on sts on side of first finger, slip 7 sts from other end of thread (palm side of hand), to a needle; k these 19 sts, cast on 3 sts for other side of second finger. Divide these 22 sts on 3 needles, work round and round in ribbing of k 1, p 1, for 12 rounds and bind off as on first finger.

**THIRD FINGER**—Slip 7 sts from upper side of hand to a needle, pick up 3 sts on the 3 cast-on sts on second finger, slip 7 sts from palm of hand to a needle, cast on 3 sts. On these 20 sts work 10 rounds in ribbing and bind off as before.

**FOURTH FINGER**—Slip the remaining 15 sts from thread to 2 needles, pick up 3 sts on the 3 cast-on sts on third finger. On these 18 sts work 8 rounds in ribbing and bind off as before.

**THUMB**—Slip the 19 thumb sts from thread to 2 needles, pick up 5 sts on the 5 cast-on sts, and an extra st at each end of them. On these 26 sts work 10 rounds in ribbing and bind off as before.

These directions are for Right Hand Glove. When knitting the Left Hand Glove, begin the first finger 2 sts before the 5 cast-on thumb sts. Work fingers same as on Right Glove.

## Sea Boot Stockings No. 221

Sizes 11-11½-12

**MATERIALS**—Bear Brand-Bucilla Standard Knitting Worsted (100% Virgin Wool), 3 skeins Unbleached—Water Repellent.

2 pairs (4) Bucilla 10-in. White Double Pointed Knitting Needles, Size 6.

**MEASUREMENTS**—Length about 28 ins. Length of foot—optional—11-11½-12 ins. Around widest part of leg—14½ ins.

**IMPORTANT**—Check your gauge first.

**GAUGE:** 5 sts=1 in.

6 rows=1 in.

**CUFF**—Cast on 72 sts, divide them on 3 needles (24 sts on each). Join, work in ribbing of k 2, p 2 for 6 ins.

**Leg**—K plain for 11 ins. \* K 2 tog at beginning of first needle, k to within 3 sts of end of 3rd needle, k 2 tog, k 1. K 7 rounds plain. Repeat from \* 3 times (64 sts). K until work measures 25 ins. (There will be 20 sts on first; 24 sts on 2nd and 20 sts on 3rd needle).

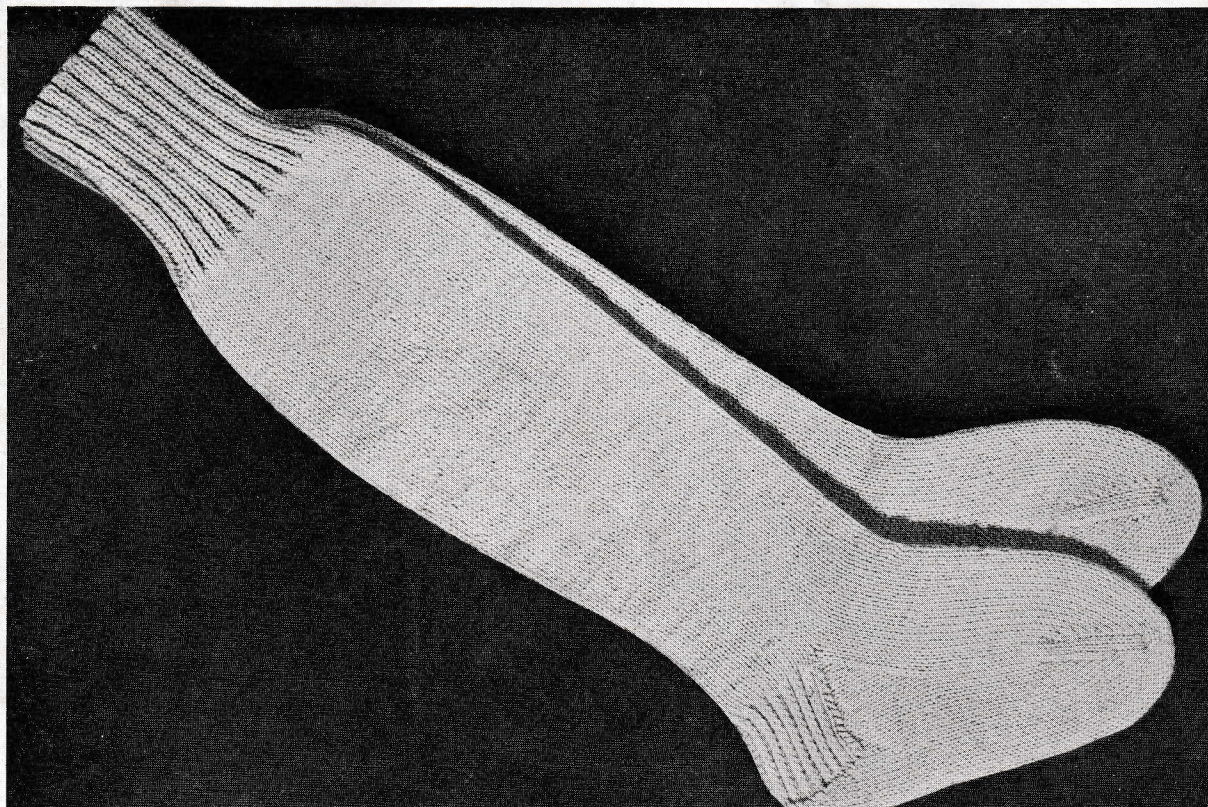
**Heel**—Divide sts as follows: K 16 sts of first needle, slip remaining 4 sts onto next needle, k 16 sts on 2nd needle, slip remaining 12 sts to next needle, k 16 sts on 3rd needle, slip remaining 16 sts on *first* needle (2nd and 3rd needles held for instep, first needle for heel). K across 32 heel sts, turn, with wrong side of work toward you. **First row**—K 1, p to last st, k 1, turn. **2nd row**—\* K 1, slip 1; repeat from \* to last

2 sts, k 2, turn. Repeat these 2 rows 12 times (Heel should measure about 2½ inches). Begin to turn heel on p side. K 1, p 16, p 2 tog, p 1, turn. K 4, slip, k and pass, k 1, turn. P 5, p 2 tog, p 1, turn. K 6, slip, k and pass, k 1, turn. P 7, p 2 tog, p 1, turn. Continue in this way working 1 more st in every row until all sts are worked to one needle (18 sts), end with k row. Slip 32 instep sts to one needle. Divide heel sts onto first and 3rd needles (9 sts on each). With first needle pick up and k 15 sts on side of heel. With 2nd needle k across 32 instep sts. With 3rd needle pick up and k 15 sts on other side of heel and work to center of heel.

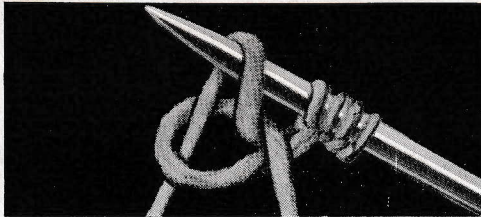
**Gussets and Foot**—K 1 round even. \* Beginning at center of heel k to within 3 sts of end of first needle, k 2 tog, k 1; k across instep needle; on 3rd needle k 1, slip, k and pass, k to end of needle \*. K 2 rounds even. Repeat between \*'s, k 1 round even. Continue repeating between \*'s and knitting 1 round even until there are 16 sts on each of first and 3rd needles, 32 sts across instep. Work even for 3 ins. for 11 in. foot (3½ ins. for 11½ in. foot; 4 ins. for 12 in. foot).

**Toe—First decrease round**—K to within 3 sts of end of first needle, k 2 tog, k 1; on 2nd needle, k 1, k 2 tog, k to last 3 sts, k 2 tog, k 1; on 3rd needle, k 1 k 2 tog, k to end.

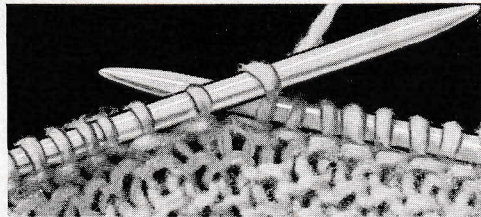
K 2 rounds even. Work 1 decrease round and 1 plain round until 28 sts remain. K across first needle, slip sts from 3rd needle onto this needle (14 sts on each of 2 needles). Break yarn leaving a 12 in. end. Weave the 14 sole sts and the 14 upper sts tog. Steam lightly.



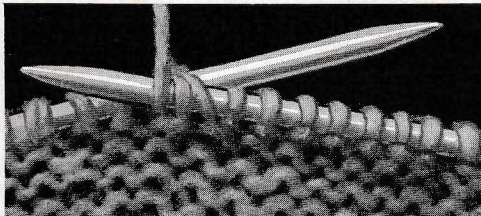
# KNITTING STITCHES



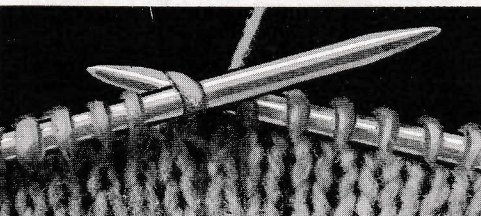
To Cast On



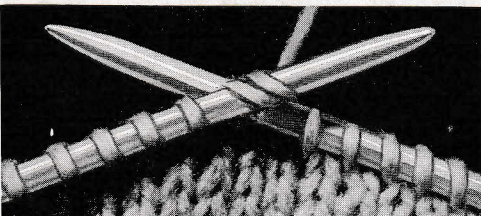
To Knit



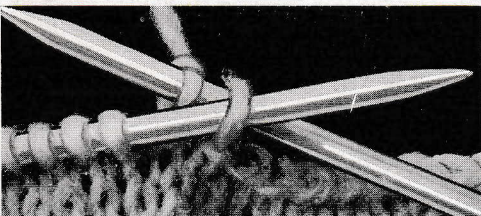
To Purl



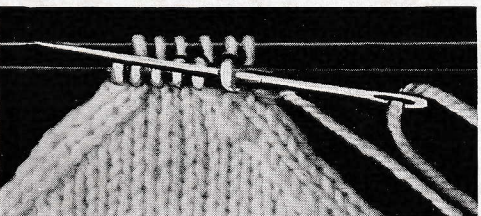
To Increase



To Decrease or Narrow



To Bind Off



Weaving Toe

## To Cast On

Make a loop, leaving a long end and slip loop to a needle; with loose end, make a loop on left thumb; insert needle in this loop and with end attached to ball, knit a st on the needle; tighten loose end with left hand.

## To Knit (k)

Holding the needle containing the sts in the left hand, with the yarn back of the work, insert the right-hand needle, into first loop and make a loop on right-hand needle, as for casting on, slip loop from left needle. The loops should be retained on the right-hand needle. Work each st in this way until no loop remains on the left-hand needle. When the row described above is repeated back and forth, any number of times, the work becomes alike on both sides and is called GARTER STITCH.

## To Purl (p)

Hold as for plain knitting, but bring the yarn to front of the work. Insert the right-hand needle from right to left through the front of the next st, pass the yarn around the back of the right-hand needle, draw it over the needle and through the loop, backwards, and let the st slip off the left needle, just as in plain knitting. When purling comes after plain knitting in the same row, the yarn must be brought from back to front under the point of the right-hand needle, and it must be brought back again in the same manner before returning to plain knitting.

## Stockinette Stitch

Cast on a desired number of sts on a needle, k 1 row, p 1 row for the required length.

## To Increase

1—Knit 1, but do not slip it from the needle as usual; turn needle to which the sts are being knitted behind the first needle, and knit a second st on the back thread of the same st, after which slip the latter from the needle as usual. (Illustrated.)

2—Knit 1, draw up an extra st in side of next st *in row before last row*, then knit next st.

By these two methods of increasing, a st is added without making a hole in the work.

## To Decrease or Narrow

1—Knit 2 sts together. Work as with plain knitting, but insert needle into two sts a a time, instead of one.

2—Slip 1, k 1, pass the slipped st over the knitted st (slip, knit and pass).

## To Bind Off

Knit 2 sts, \* pass the first st over the second, knit another st, again having 2 sts on the needle. Repeat from \* until 1 st remains. Break off the yarn and draw it through the last st.

## Weaving Toe

Break off yarn, leaving a 12-inch end; thread this into a tapestry needle and weave the sts together as follows: \* pass worsted needle through first st of front needle, as if knitting, and slip the st off—pass through 2nd st, as if purling, but leave st on needle—draw yarn through first st of back needle, as if purling, slip st off—draw yarn through 2nd st of back needle, as if knitting, leave st on. Repeat from \* until all the sts are joined, fasten off and darn in end.

**IMPORTANT**—Never join yarn ends with a knot. A service man may have to wear a pair of socks several days before changing; a knot in the stocking may mean a blister on the foot and a broken blister may mean blood poisoning. Join yarn ends by thinning out both ends, lay the ends together and knit a few sts with the double strand. When joining at beginning of a row, leave an end at the start, and darn in end when work is finished.

## ABBREVIATIONS AND TERMS USED IN KNITTING AND CROCHETING

k=knit      p=purl      st=stitch      in.=inch      ins.=inches  
 inc.=increase, increased, increases, increasing  
 dec.=decrease, decreased, decreases, decreasing  
 tog=together      s c=single crochet      ch=chain

An Asterisk (\*) indicates that the directions immediately following are to be repeated the given number of times, in addition to the original. Thus "repeat from \* 3 times" means to make 4 times in all.

† All yarns marked with a † have been Registered U. S. Pat. Off.

# Super-safe care for Sweaters

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**NOW—when sweaters are so precious—  
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Of course you want to give precious woollens the very *gentlest* care. And with new, improved Lux—the *mildest, safest* ever made—it's *easy!* Gentle Lux care keeps sweaters like new *longer*. Anything safe in water alone is safe in Lux.

Don't trust sweaters to strong soaps, too-hot water . . . avoid cake-soap rubbing. These things mat fibers, leave sweaters harsh, shrunken. New, improved Lux is super-safe! Gives *richer, longer-lasting* suds, too. It's *thrifty!*



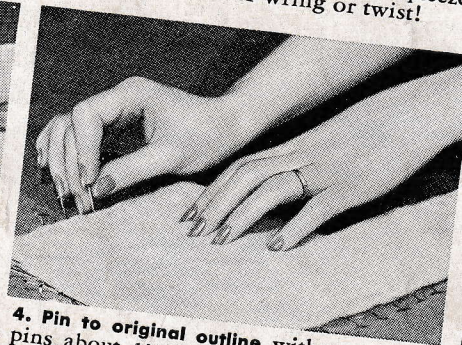
**1. Before washing** draw an outline of the sweater on plain paper for record of size. Make rich Lux suds in almost-cool water. Turn garment inside out.



**2. Squeeze Lux suds** gently through and through sweater. Don't rub. Support with hands to avoid stretching. Squeeze out moisture. Never wring or twist!



**3. Rinse thoroughly** in water the same temperature as the suds. Roll sweater in Turkish towel, knead gently to remove excess moisture. Unroll at once.



**4. Pin to original outline** with rustproof pins about 1½ inches apart. Dry away from extreme heat. To remove pin marks, press with warm iron over damp cloth.

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