

HAND KNITS *for* SERVICE MEN

40 Garments for Men in the Armed Forces

INCLUDING DIRECTIONS FOR
KNITTING THE MUCH-NEEDED
CONVALESCENT SWEATER
PICTURED HERE



DESIGNED BY
Ethel Evans

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Women of America

A Tribute To You — for your splendid work, in this "All-Out" effort, on a scale unprecedented in the HISTORY OF AMERICA.

Organized effort, represented by thousands of Organizations with total membership in the MILLIONS, shows the tremendous contribution in time, trouble and expense being volunteered by the Women of America.

In addition, there is in this virtually complete mobilization individual effort reaching practically every home, and woman power is doing its part to the end that peace may come more quickly.

Hand knitting has played and will continue to play an important part, providing for those in SERVICE warm garments, indispensable for comfort, and to REFUGEES and VICTIMS of the WAR, warmth and comfort in their great need.

Hand knitting in wartime is an opportunity to express in tangible form affection and care to someone who is dear. It is also an opportunity to put idle time to profit by making some Serviceman on Land, on Sea, or in the Air (often unknown to you) more comfortable by your work.

This BOOK has been designed with care in the hope that it may help you to get satisfaction from your Knitting, and that these carefully chosen Hand-knit garments will play a part in the contribution of AMERICAN WOMEN.



Heavy Turtle Neck Sweater With Sleeves

FOR NAVY AND COAST GUARD AND MERCHANT MARINE—Average Size (38)

MATERIALS: 20 ozs. HEAVY 4 PLY Knitting Worsted and one set (4) No. 3 Needles — (Double point).
1 Pair No. 3 Knitting Needles.

GAUGE: 7 sts. = 1 inch.

FRONT: Cast on 104 sts. Knitting 2, Purl 2 for three inches. Continue even in K. 1 Row, P. 1 Row, until work measures sixteen inches from beginning, ending with purl row. Cast off 6 stitches at beginning of next two rows, then decrease 1 stitch each end of needle every alternate row until there are 82 stitches on needle. Continue even until armhole measures 7½ inches from first shaping.

TO SHAPE NECK: With right side of work facing, knit 27 sts. Turn. Keeping armhole edge even, at neck edge decrease one stitch every alternate row 3 times. Continue even until armhole measures 8½ inches from first shaping.

TO SHAPE SHOULDER: At armhole edge cast off 8 sts. every alternate row, three times. Slip next 28 sts. onto stitch-holder and work remaining stitches to correspond to other shoulder.

BACK: Work exactly as given for front, omitting neck shaping, until armhole measures 8½ inches from first armhole shaping.

TO SHAPE SHOULDER: With right side of work facing, cast off 8 sts. beginning next six rows. Do not break wool. (Leaving centre 34 sts. on needle for continuation of collar).

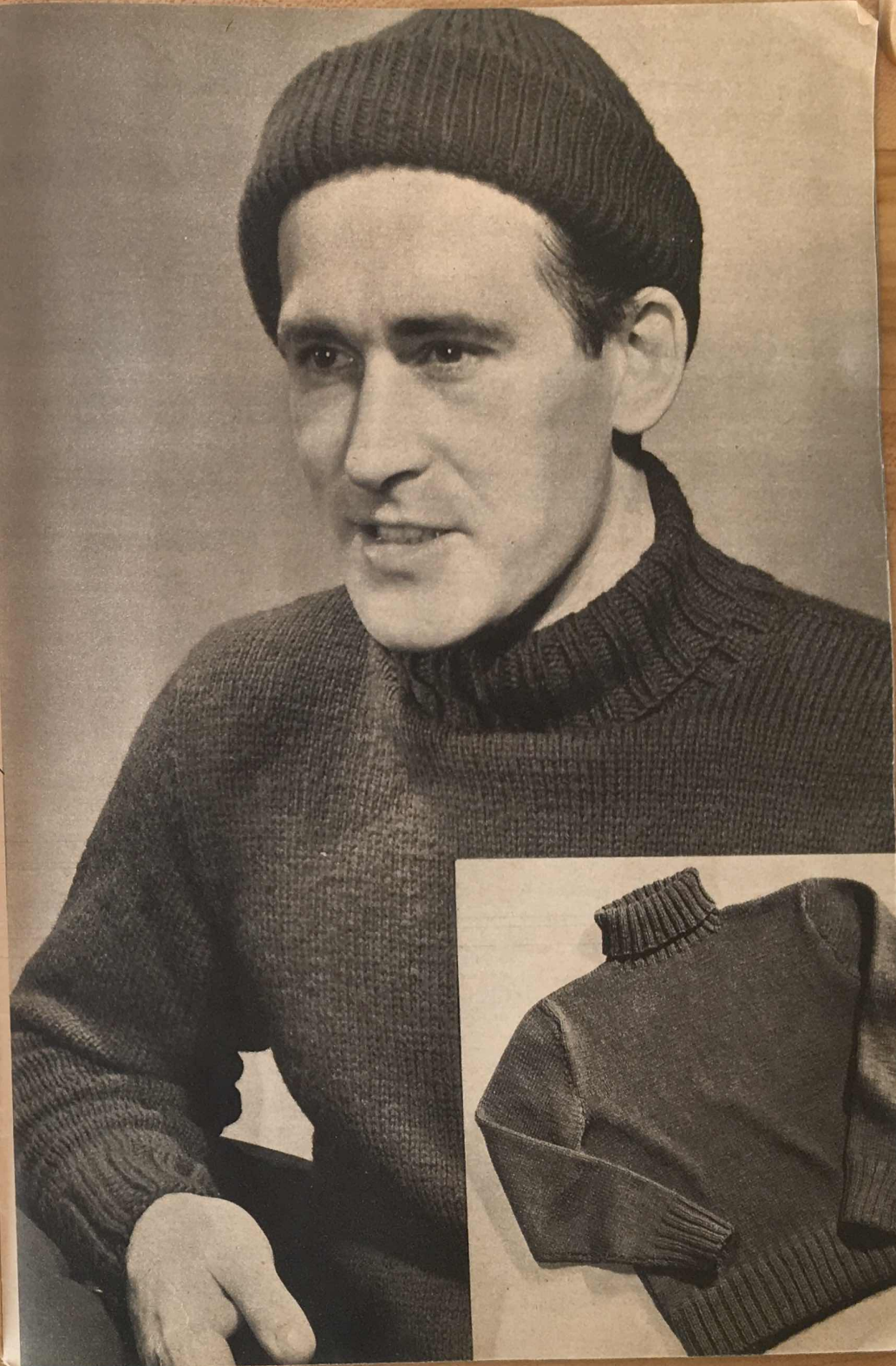
COLLAR: Sew shoulder seams. With right side of work facing, using set of four needles with points at both ends, knit across stitches at back of neck. Pick up and knit 12 sts. along left side of neck, knit across stitches on stitch-holder at front of neck. Pick up and knit 12 sts. along right side of neck. Working in rounds, continue even in ribbing (Knit 1, Purl 1) for six inches.

Cast off VERY LOOSELY, having a minimum stretch of 12 inches. Anything smaller than this will not go over a man's head.

SLEEVES: Cast on 48 sts. Knit 2, Purl 2 for 3 inches. Change to K. 1 Row, P. 1 Row, increase 1 st. at each end of needle every fourth row until there are 86 sts. on needle. Continue even until sleeve measures 19 inches from beginning to underarm. * Cast off 2 sts. beginning of next two rows, then 1 st. beginning following two rows. * Repeat from * to * until there are 24 sts. on needle. Cast off remaining stitches.

TO MAKE UP: Press pieces lightly. Sew all seams. Sew in sleeves.

Instructions for Watch Cap given on page 42



Army-Navy Pullover

SIZE 36-38

MATERIALS: 10 oz. 4 Ply Knitting Worsted.
1 Pair No. 3 Knitting Needles.
1 Pair No. 5 Knitting Needles.

TENSION: 5 sts. = 1 inch } on No. 5 Needles
6 rows = 1 inch }

BACK: With No. 3 Needles — cast on 90 sts. Knit in ribbing of K. 2 sts., P. 2 sts. for 4 inches. Change to No. 5 Needles and knit 1 row, purl 1 row until work measures 14 inches from cast on.

TO SHAPE ARMHOLES: Bind off 5 sts. at beginning of next 2 rows. Then decrease 1 st. at each side every 2nd row 10 times (60 sts. now on needle). Knit even until work measures 22 inches from cast on.

SHOULDERS: Cast off 8 sts. at beginning of each next 4 rows (28 sts. now on needle). Change to No. 3 Needle and knit 6 rows of ribbing of K. 1 st., P. 1 st. and bind off in rib (Knit the K. st. and Purl the P. st.)

FRONT: Work exactly same as back to underarm ending with purl row.

SIZE 40-42: Requires 100 sts. cast on, following same instructions for size 36-38, making pullover 16 inches instead of 14 inches at side seam length, and binding off 6 sts. at shoulders instead of 5 sts.

ARMHOLE AND V NECK: Bind off 5 sts. at beginning of each next 2 rows (80 sts. on needle). Divide 40 sts. each needle, put one-half on stitch holder (left side front). Shape Armhole by decreasing 1 st. every 2nd row 10 times and shape neck edge by decreasing 1 st. every 4th row until 16 sts. remain on needle. Work even until work measures 23 inches from cast on. Then cast off at armhole 8 sts. at beginning next 2 rows. Pick up other half of front and knit the same.

NECK RIBBING: With No. 3 Needles pick up 124 sts. on neck edge (62 sts. each side of V). Knit in ribbing of K. 2 sts., P. 2 sts., for 6 rows at same time mitre center front by knitting 2 sts. together twice every row. Bind off in rib (Knit the knit stitches — Purl the P. stitches). Sew up shoulder seams.

ARMHOLE RIBBING: With No. 3 Needles pick up 126 sts. around armhole and K. in ribbing of K. 2 sts., P. 2 sts., 6 rows and bind off in rib (same as neck).

FINISHING: Sew up side seams. Press lightly.

★



Turtle Neck Sleeveless Pullover

SIZE 36-38

MATERIALS: 12 oz. 4 ply Knitting Worsted Size 36-38
14 oz. 4 ply Knitting Worsted Size 40-42
1 pr. No. 5 Knitting Needles
4 No. 2 Knitting Needles (Double Point)

TENSION: 5 stitches = 1 inch
7 rows = 1 inch

FRONT: On No. 5 needles cast on 90 sts.
K 1, P. 1 - Repeat * - * across row

Repeat this row until work measures 4 inches. Then change to pattern of Knit 1 row, Purl 1 row until work measures 14 inches from cast on.

Next Row — Knit first 4 sts. in rib of K. 1, P. 1, K. 1, P. 1 — Knit across row until last 4 sts. Knit these in rib of P. 1, K. 1, P. 1, K. 1 (this forms border at each armhole).

TO SHAPE ARMHOLE: When work measures 14 inches from cast on, continue in pattern decreasing 1 stitch at each side every other row 7 times. This is done by knitting the 5th and 6th sts. together next to rib border at each edge. There are now 76 sts. on needle. Knit even in pattern until work measures 22 inches from cast on.

TO SHAPE NECK: With right side of work facing, K. 24 sts. Turn, keeping arm hole edge even at neck edge, decrease 1 st. every other row 3 times. Con-

tinue even until work measures 24 inches from cast on.

TO SHAPE SHOULDERS: At arm hole edge cast on 7 stitches every other row, 3 times. Slip next 28 stitches onto a stitch holder and work remaining 24 sts. to correspond to other shoulder.

BACK: Work exactly same as Front, omitting neck shaping, until work measures 22 inches from cast on.

TO SHAPE SHOULDERS: With right side of work facing you, cast off 7 stitches at beginning of next 6 rows. **DO NOT BREAK YARN.** (Leaving center 34 sts. on needle for continuation of collar.)

COLLAR: Sew up shoulder seams with right side of work facing, using set of 4 needles No. 2. Knit across stitches at back of neck. Pick up and knit 12 sts. along left side of neck, knit across stitches on stitch holder at front of neck. Pick up and knit 12 sts. along right side of neck. Divide sts. on 3 needles, working in rounds, continue in ribbing of K. 1, P. 1 st. until work measures 6 inches. Bind off (very loosely) in rib (knit the K. st., Purl the P. st.) having a minimum stretch of 12 inches. Anything smaller than this will NOT go over a man's head.

FINISHING: Press lightly. Sew up side seams 14 inches from cast on.

★
CHANGES FOR SIZE 40-42: Requires 100 sts. cast on, following same instructions for size 36-38, making pullover 16 inches instead of 14 inches for side seam length, and shoulder. Cast off 9 sts. instead of 7 sts.



V Neck Pull Over

SIZE 36-38

MATERIALS: 10 oz. 4 ply Knitting Worsted Size 36-38
12 oz. 4 ply Knitting Worsted Size 40-42
1 pr. No. 5 Knitting Needles.

TENSION: 5 stitches = 1 inch
7 rows = 1 inch

FRONT: Cast on 90 sts.
K. 1, P. 1—Repeat *—* across row

Repeat this row until work measures 4 inches. Change to Knit 1 row, Purl 1 row until work measures 11 inches from cast on. Then knit the first 4 sts. in rib of K. 1, P. 1, K. 1, P. 1 and the last 4 sts. in P. 1, K. 1, P. 1, K. 1. This forms a border at each edge, when work measures 14 inches from cast on.

TO SHAPE ARM HOLE: Continue K. in pattern *4 sts. rib 37 sts. K., 8 sts. in rib of K. 1, P. 1, (for center border) 37 sts. K. 4 sts. Border*—Repeat *—* decreasing 1 st. at each side every other row 7 times. This is done by knitting the 5th and 6th sts. together next to Rib Border at each edge. There are now 76

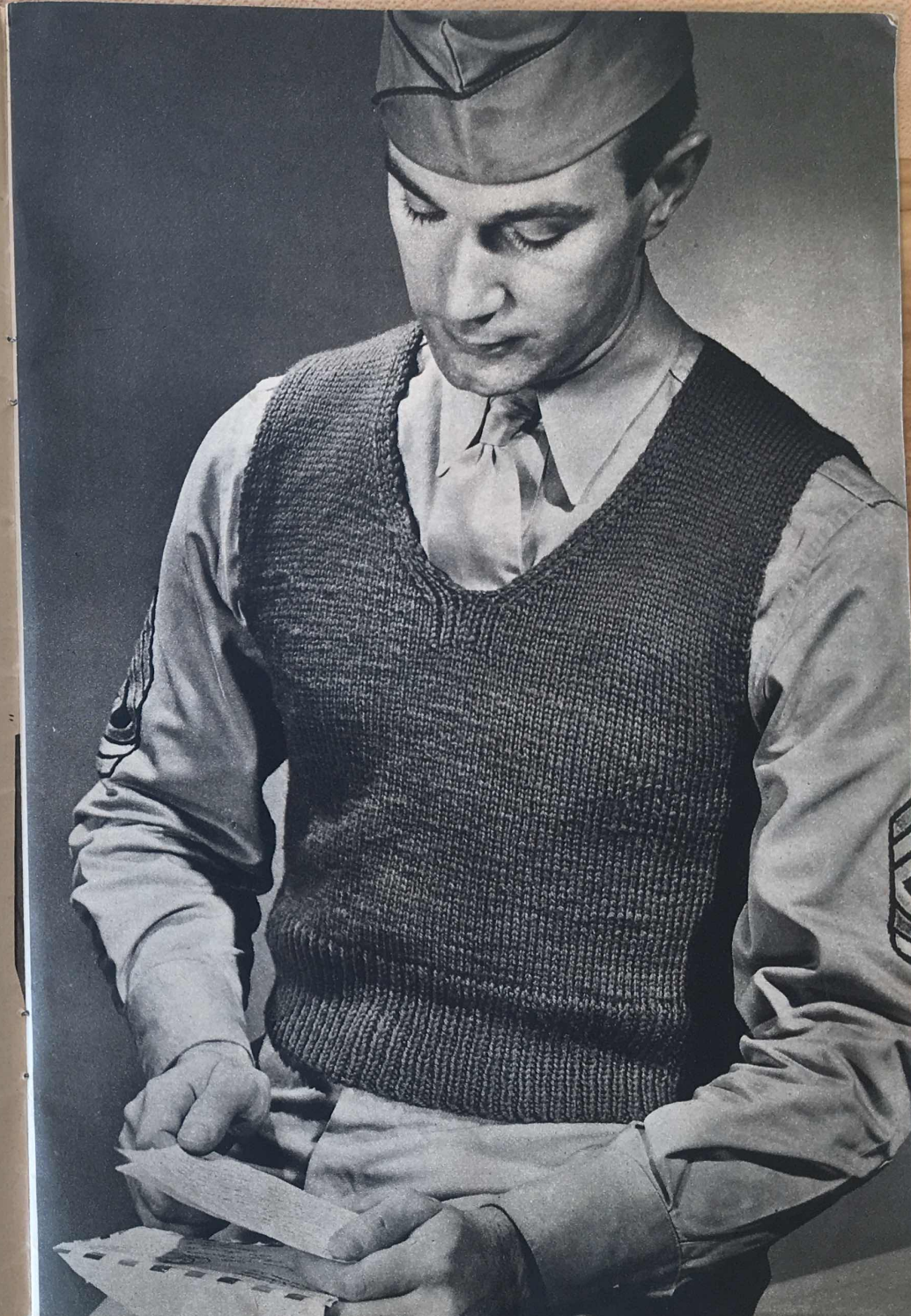
sts. on needle. Now separate front—38 sts. on each needle, put one-half on stitch holder. Continue K. in pattern with border at neck and sleeve edge and decrease 1 st. every other row at neck edge (this is done by knitting the 5th and 6th sts. together next to neck border) 18 times. There are now 20 sts. on needle. Knit even until work measures 22 inches from cast on. Then starting at arm hole, cast off 5 sts. every other row 4 times. Pick up other half and Knit the same.

BACK: Knit exactly same as Front until work measures 11 inches. Start border of K. 1, P. 1 for arm hole border only and K. same as Front (omitting the V-Neck) until work measures 22 inches. Then K. 4 sts. Border, 16 sts. Plain, 36 sts. in rib of K. 1, P. 1 (same border) 16 sts. plain, 4 sts. Border. *Repeat *—* casting off 5 sts. at beginning of each row 8 times (36 sts. on needle). Bind off these 36 sts. for neck.

FINISHING: Press lightly. Join shoulder seams. Sew up side seams for 14 inches from lower edge.

★

SIZE 40-42: Requires 100 sts. cast on, following same instructions for size 36-38, making pullover 16 inches instead of 14 inches at side seam length, and binding off 6 sts. at shoulders instead of 5 sts.



V-Neck Service Pullover

LIGHT WEIGHT FOR TROPICS—SIZE 36-38

MATERIALS: 8 1 oz. Balls Shetland Yarn - Size 36-38
10 1 oz. Balls Shetland Yarn - Size 40-42
1 Pr. No. 14 Knitting Needles

TENSION: 6 sts. = 1 inch

FRONT: Cast on 90 sts.

*K. 1, P. 1. * Repeat * - * across row

Repeat this row until work measures 4 inches. Then knit. Plain knitting until work measures 12 inches. Join extra ball yarn at each edge and K. first 4 sts. and last 4 sts. of a row with Double Yarn (2 strands). This forms border. When work measures 14 inches from cast on join extra ball yarn in center of front for neck border and Knit as follows.

TO SHAPE ARMHOLES: Continue K. in pattern * 4 sts. Double Yarn 37 sts. Single - 8 sts. Double - 37 sts. Single - 4 sts. Double * Repeat * - * decreasing 1 st. at each side every other row 7 times. This is done by knitting the 5th and 6th sts. together next to plain knit border at each edge. There are now

76 sts. on needle. Now separate front 38 sts. on each needle - put one-half on stitch holder. Continue K. in pattern with double yarn border at neck and sleeve edge and decrease 1 st. every other row at neck edge (this is done by knitting the 5th and 6th sts. together next to neck border) 18 times. There are now 20 sts. on needle. Knit even until work measures 22 inches from cast on. Then starting at armhole edge cast off 5 sts. every other row 4 times. Pick up other half of front and K. the same.

BACK: Knit exactly same as Front until work measures 11 inches. Join yarn for armhole borders only and knit same as Front (omitting the V-neck) until work measures 22 inches.

Then * K. 4 sts. Double - 16 sts. single 36 sts. Double - 16 sts. single 4 sts. Double * Repeat * - * Casting off 5 sts. at beginning of each row 8 times (36 sts. on needle) cast off 36 sts. for neck.

FINISHING: Press lightly. Join shoulder seams. Sew up side seams for 14 inches from lower edge.

★
SIZE 40-42: Requires 100 sts. Cast on; following same instructions for size 36-38, making pullover 16 inches instead of 14 inches for side seam length, and cast off 6 sts. for shoulder instead of 5 sts.



Service Pullover

BOAT NECK—IN 2 SIZES—SIZE 36-38

MATERIALS: 10 oz. 4 Ply Knitting Worsted size 36-38
1 Pair No. 5 Knitting Needles

TENSION: 5 stitches = 1 inch
7 rows = 1 inch

BACK: Cast on 90 sts.

*K. 2, P. 2 *—Repeat *—* across row
Repeat this row until work measures 4 inches

Then K. as follows:

1st Row—Knit across row

2nd Row—K. 4 sts. — P. 82 sts. — K. 4 sts.

Repeat these two rows, keeping the 4 sts. plain K. at each edge, until work measures 14 inches from cast on.

TO SHAPE ARMHOLES: Continue K. in Pattern — decreasing 1 st. at each side every other row 7 times. This is done by knitting the 5th and 6th sts. together

next to plain knit border at each edge. There are now 76 sts. on needle. Continue in pattern until back measures 20 inches from cast on.

TO SHAPE NECK:

1st Row—Knit

2nd Row—K. 4 sts. P. 12 sts. — K. 44 sts. P. 12, K. 4

3rd Row—Cast off 5 sts. K. across row

4th Row—Cast off 5 sts. P. 11—K. 44—P. 11

5th Row—Cast off 5 sts. K. across row

6th Row—Cast off 5 sts. P. 6—K. 44—P. 6

7th Row—Cast off 5 sts. K. across row

8th Row—Cast off 5 sts. P. 1—K. 44—P. 1

9th Row—Cast off 5 sts. K. across row

10th Row—Cast off all sts.

FRONT: Knit exactly same as back.

FINISHING: Press lightly — Join shoulders — Sew up side seams for 14 inches from lower edge.

Service Pullover

BOAT NECK—IN 2 SIZES—SIZES 40-42

MATERIALS: 12 oz. 4 Ply Knitting Worsted size 40-42
1 Pair No. 5 Knitting Needles

TENSION: 5 stitches = 1 inch
7 Rows = 1 inch

BACK: Cast on 100 sts.

*K2, P. 2 *—Repeat *—* across row
Repeat this row until work measures 4 inches

Then K as follows:

1st Row—Knit across row

2nd Row—K. 4 sts., — P. 92 sts. — K. 4 sts.

Repeat these 2 rows, keeping the 4 sts. Plain K. at each edge, until work measures 16 inches from cast on.

TO SHAPE ARMHOLES: Continue K. in Pattern, decreasing 1 st. at each side every other row 7 times. This is done by knitting the 5th and 6th sts. together

next to plain knit border at each edge. There are now 86 sts. on needle. Continue in pattern until back measures 22 inches from cast on.

TO SHAPE NECK:

1st Row—Knit

2nd Row—K. 4 sts. P. 17 sts. — K. 44 sts. P. 17, K. 4

3rd Row—cast off 5 sts. K. across row

4th Row—cast off 5 sts. P. 16—K. 44, P. 16

5th Row—cast off 5 sts. K. across row

6th Row—cast off 5 sts. P. 11—K. 44—P. 11

7th Row—cast off 5 sts. K. across row

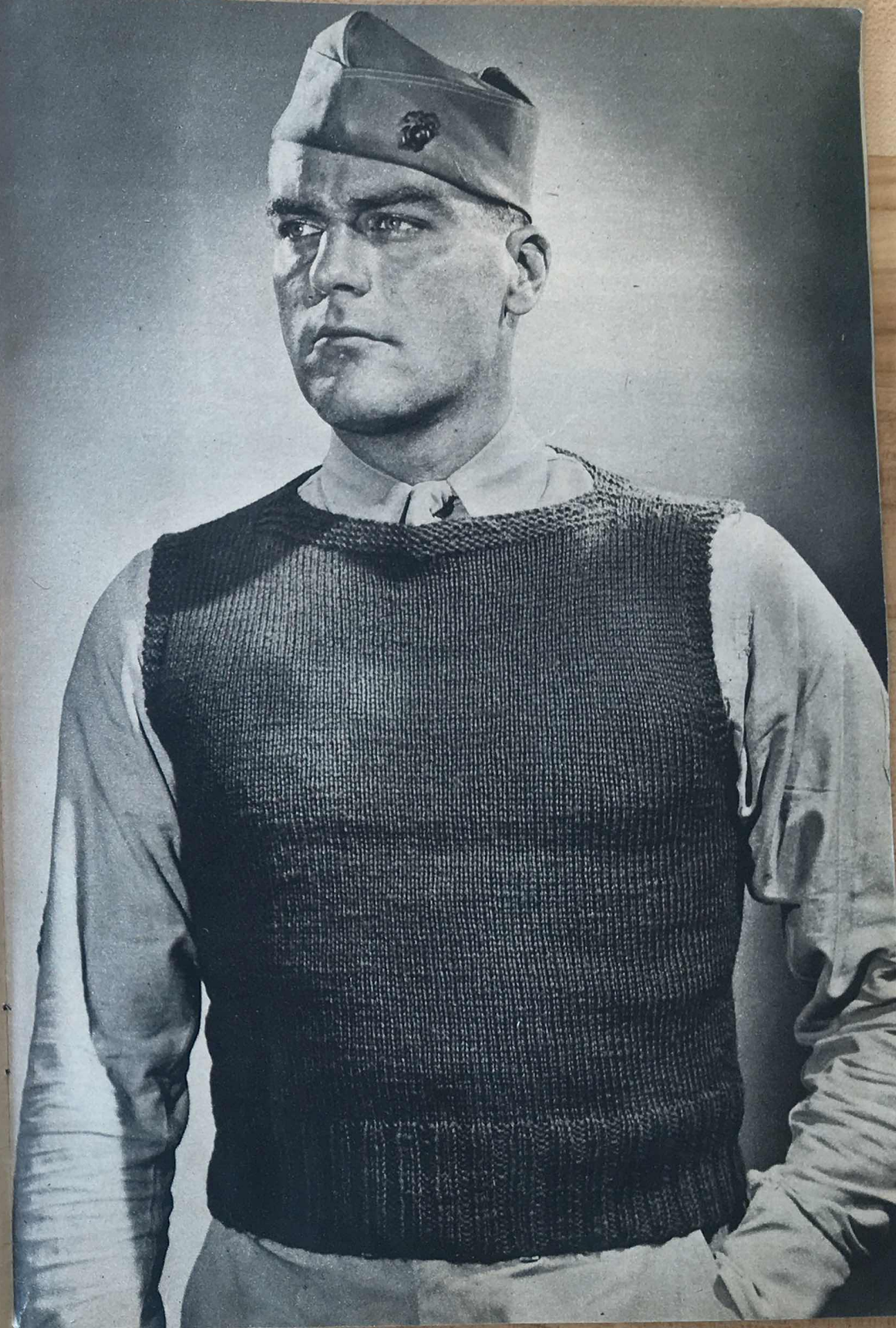
8th Row—cast off 5 sts. P. 6—K. 44—P. 6

9th Row—cast off 5 sts. K. across row

10th Row—cast off all sts.

FRONT: Knit exactly same as back.

FINISHING: Press lightly — Join shoulders — Sew up side seams for 16 inches from lower edge.



Convalescent Sweater Jacket

SIZE 38-40

MATERIALS: 20 oz. 4 ply Knitting Worsted
1 pr. Knitting Needles No. 5
5 Pearl Buttons

TENSION: 5 stitches - 1 inch

BACK: Cast on 100 sts. and Knit in ribbing of K. 2 sts., P. 2 sts. for 4 inches. Change to Pattern of K. 1 row, P. 1 row, and Knit even until work measures 5 inches from cast on. Then cast on 20 sts. at end of each row 8 times (80 sts. at each edge for sleeves). Knit 6 inches even from where sleeves were cast on. Then Knit as follows:

1st Row — Knit even.

2nd Row — P. 105 sts., K. 50 sts., P. 105 sts. Repeat these 2 rows 3 times (this forms neck border).

Knit 1 Row.

Next row — P. 105 sts. K. 5 sts.

Bind off 40 sts. for neck. K. 5 sts., P. 105 sts.

Put one-half work on stitch holder.

TO SHAPE SHOULDERS AND NECK: K. 10 rows even in Plain knitting (this forms band on sleeve).

Next row — K. 105 sts. Cast on 45 sts.

RIGHT FRONT: 1st Row — K. 45 sts. P. 105 sts.

2nd Row — Knit even.

Repeat these 2 rows 4 times. Then knit as follows:

1st Row — Knit even.

2nd Row — K. 5 sts., P. 145 sts.

Repeat these 2 rows 19 times.

(Make a buttonhole in next Plain K. Row, and in every 8th Row until there are 5 complete buttonholes.)

TO MAKE BUTTONHOLE: Knit even until 3 sts. remain on needle

Bind off 1 st. K. 2 sts.

Next Row — K. 2 sts., cast on 1 st., K. 2 sts., P. 105 sts.

These 2 rows complete a buttonhole.

Then knit as follows:

1st Row — Bind off 20 sts. K. across row.

2nd Row — K. 5 sts. P. across row.

Repeat these 2 rows 3 times (this forms sleeve).

Leave on needle.

LEFT SIDE: Pick up sts. of left side and K. 10 rows.

Plain Knitting for Sleeve Band.

Then Knit as follows:

1st Row — (starting at neck edge) Knit even.

2nd Row — P. 105 sts., K. 5 sts.

Repeat these 2 rows 24 times.

Next Row — Bind off (starting at sleeve edge) 20 sts.

P. across row to last 5 sts. Knit these 5 sts. Repeat

this last row 3 times (this forms sleeve).

FRONT: Fold Right Front over Left Front half overlap the 5 Plain Knit border sts. of each half of work. This is done as follows.

Knit Right Front until 5 Border sts. remain on needle.

Now take Left Front needle, place it back of work and knit the 5 sts. from Front needle together with 5 border sts. on Back needle (taking one stitch at a time from each needle and knitting the 2 stitches together).

This overlaps and closes the border.

There are 100 sts. now on the needle.

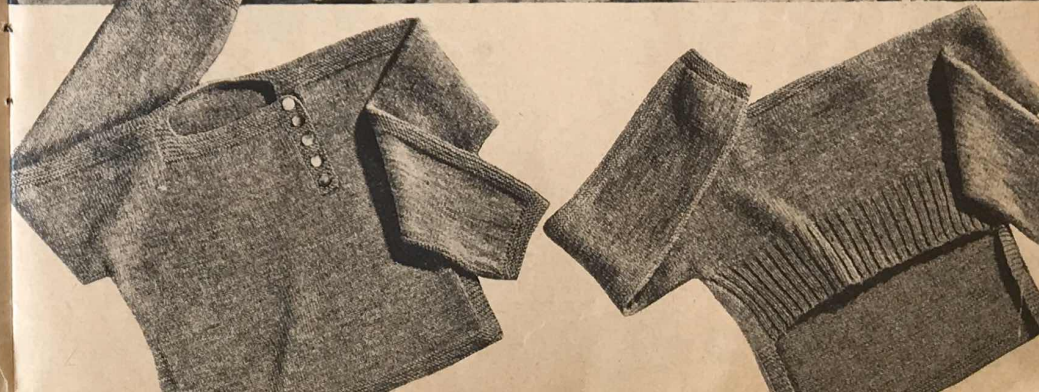
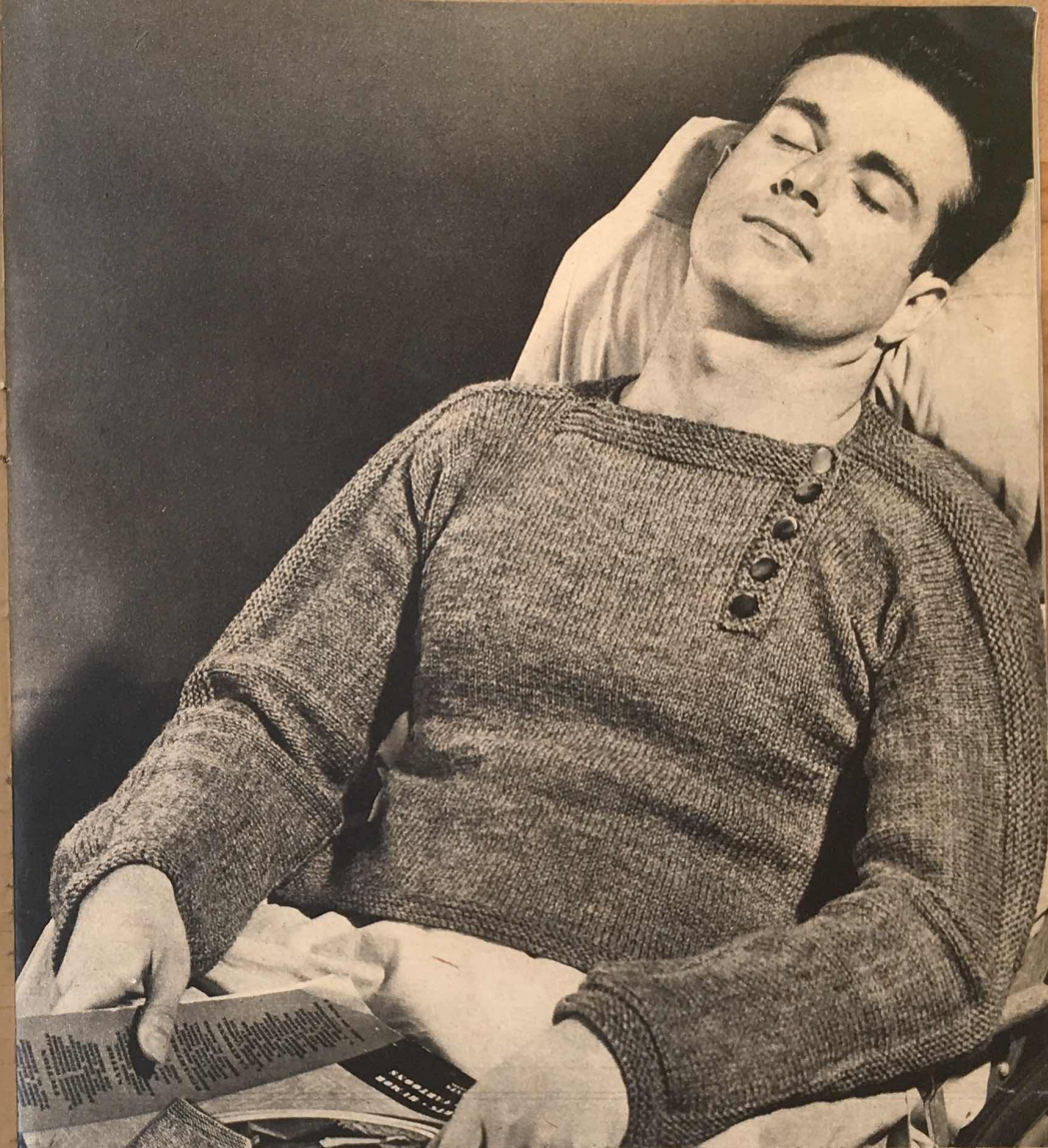
Discontinue border and K. 1 Row, P. 1 Row for 5 inches.

CUFFS: Pick up stitches around sleeve and Knit 9 rows even and bind off. Pick up other cuff and knit the same.

FINISHING: Sew up side seams, leaving front longer (as illustrated).

Sew Pearl Buttons to match Buttonholes.

Press lightly.



Wheel-Chair Afghan

A - CROCHETED

MATERIALS: 32 — 1 oz. balls Germantown Yarn
(Odd color lots may be used)

BORDER: 4 — 1 oz. balls Germantown — dark color
4 — 1 oz. balls Germantown — light color
1 Medium size Crochet Hook (white)

PATTERN: Chain 48 inches and work back and forth in following pattern using odd color yarns:

Work 1 D.C. in the 6th st. from the hook.
*Ch. 2 — work 5 D.C. over side of D.C. just made, skip 2 sts., work 1 D.C. in the next st. *
Repeat from * — * to the end. Ending with a group (4 D.C. over D.C.) skip 2 — 1 D.C. in last st.
Turn, ch. 3, skip 3 D.C. and 1 S.C. in the next st.,

ch. 2, work 5 D.C. over side of next D.C.
*S.C. in 4 D.C. ch. 2 work 5 D.C. over the side of the next D.C. *

Repeat * — * to end.

Repeat until work measures 48 inches square.

BORDER: Work in same stitch with corners (3 ch. 2 D.C. 2 ch., 3 D.C.) in following order:

1 Row Dark — all around square
1 Row Light — around square
1 Row Dark — around square
1 Row Light — around square

FINISHING: Finish with 1 Dark Row in following stitch:
*Ch. 1, 3 D.C. in next space, Ch. 2, 3 D.C. in same space, Ch. 1, 1 S.C. in next space * Repeat * — * all around Afghan. Break yarn, fasten.

Knit Wheel-Chair Afghan

B - 48 x 60 INCHES

MATERIALS: 40 oz. 4 ply Knitting Worsted
Suitable colors for Army or Navy
Khaki — O.D. Grey — Navy
or
Odd Color Lots of Colored Yarns
1 pr. No. 4 Knitting Needles

TENSION: 6 sts. = 1 inch

STITCH PATTERN: Double Moss Stitch

1st Row — * K. 2, P. 2 * Repeat * — * across row.

2nd Row — Same as 1st Row.

3rd Row — * P. 2, K. 2 * Repeat * — * across row.

4th Row — Same as 3rd Row.
Repeat these 4 rows for Pattern.

BLOCKS: Cast on 20 sts. Knit in pattern for 40 rows.
Break Yarn (do not take off needle). This makes a 3 inch square block. Tie on another color and (Knit the 1st row Plain knitting when joining new color). Count this Plain row as 1st row of Pattern. Continue in Pattern for 40 rows and make a strip of 20 blocks in length and bind off.

Make 16 strips in all alternating yarn colors. Sew together. Fasten ends and press lightly.

★
This makes a very warm afghan — alike on both sides. Requires no border and odd balls of yarn can be used to advantage.

C - NAVY CODE PATTERN. SIZE 60 x 60 INCHES SQUARE

MATERIALS: 40 oz. 4 ply Knitting Worsted
(Assorted colors and odd lots Yarn)
1 pr. Knitting Needles No. 5

STITCH: Plain Knitting

TENSION: 5 sts. = 1 inch

This Afghan for Wheel Chair is Knit in Stripes 60 inches long — 12 stripes in all — each 5 inches wide. Each stripe made up of 12 blocks. Each block 5 inches square. Knit each stripe full length — tie on yarn for each block.

KNIT IN FOLLOWING ORDER: 1st Block — Cast on 24 sts. with solid color. Knit plain for 40 rows. Break yarn, leave on needle.

2nd Block — Knit novelty block with 2 different shades of yarn (use any combination of colors), follow single design as illustrated. Knit block 40 rows. Break yarn.

3rd Block — Tie on solid color and Knit 40 rows. Break Yarn.

Follow the above 3 blocks until stripes measure 12 blocks and bind off.

Next Stripe — Alternate blocks. Have Pattern Block first, plain block following, etc.

FINISHING: When all 12 stripes are completed, sew together. Press lightly. Fasten ends securely.

★
This Afghan is suggested to use up odd yarns, and is very attractive if "Navy Code" Pattern is followed for Novelty Blocks.



A - Cap Helmet

AVERAGE SIZE

MATERIALS: 4 oz. 4 ply Knitting Worsted
1 pr. Knitting Needles No. 3
1 Medium Crochet Hook

TENSION: = 1 inch

Cast on 60 sts.
**1st Row - Knit 10th Row - K. 52 sts. Turn
2nd Row - K. 44 sts. Turn 11th Row - Knit
3rd Row - Knit 12th Row - K. 54 sts.
4th Row - K. 46 sts. Turn 13th Row - Knit
5th Row - Knit 14th Row - K. 56 sts. Turn
6th Row - K. 48 sts. Turn 15th Row - Knit
7th Row - Knit 16th Row - K. 58 sts. Turn
8th Row - K. 50 sts. Turn 17th Row - Knit
9th Row - Knit 18th Row - Knit**

Repeat these 18 rows — 3 times.

Next Row — Cast off 28 sts. at beginning of Row.

Next Row — Knit 42 sts.
1st Row - K. 26 sts. Turn 10th Row - Knit
2nd Row - Knit 11th Row - K. 36 sts. Turn
3rd Row - K. 28 sts. Turn 12th Row - Knit
4th Row - Knit 13th Row - K. 48 sts. Turn
5th Row - K. 30 sts. Turn 14th Row - Knit
6th Row - Knit 15th Row - K. 40 sts. Turn
7th Row - K. 32 sts. Turn 16th Row - Knit
8th Row - Knit 17th Row - Knit
9th Row - K. 34 sts. Turn 18th Row - Knit
Repeat 1st 18 Rows.

Then repeat 1st to 14th Rows and cast on 28 sts. at end of last row.

Continue as follows:

1st Row - K. 58 sts. Turn

2nd Row - Knit

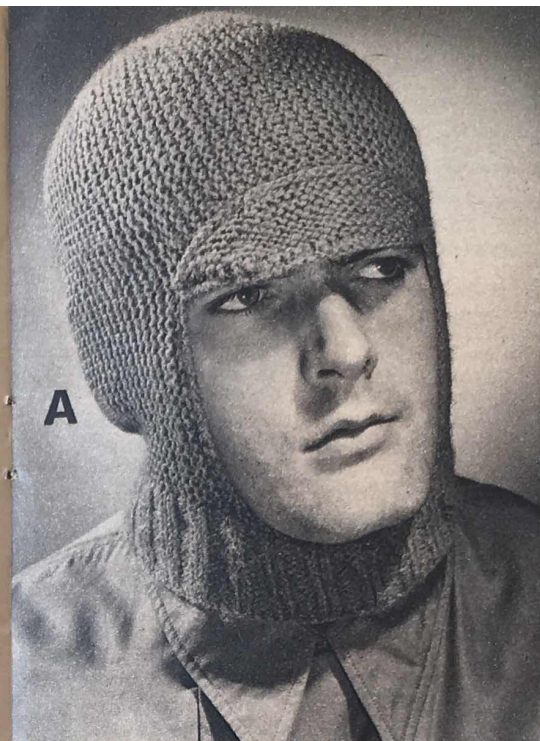
3rd Row - Knit

Repeat from ** — ** (first 18 rows) 4 times and bind off. Do not break Yarn.

NECK BAND: With right side work facing you, pick up and K. 36 sts. along lower edge. Cast on 28 sts. Pick up and K. 36 sts. along lower edge (98 stitches now on needle.) Knit in ribbing (Knit - Knit stitch for 3½ inches. Bind off in ribbing (Knit - Knit stitch - Purl - Purl stitch).

PEAK: Pick up sts. across top opening (30 sts.) and Knit 1 Row. Then Knit — decreasing 1 st. at end of every row until there are 15 sts. on needle. Then K. 1 row, Purl 1 Row, increasing 1 st. at end of every row until 30 sts. on needle (using care to see Knit Row will be next to face) and bind off.

FINISHING: Sew up back seam — Fold back peak lining and sew edges. Sew edge to Helmet. Press Lightly — Crochet Cord — single strand Yarn in chain stitch. Sew around face opening and peak.



B - Balaclava Heavy Weight

AVERAGE HEAD SIZE, PLAIN RIB STITCH

MATERIALS: 4 oz. 4 Ply Knitting Worsted
4 No. 2 Knitting Needles (Double Points)
4 No. 3 Knitting Needles (Double Points)

GAUGE: 5 sts. = 1 inch on No. 3 Needles.

With No. 2 Needles, starting at lower edge cast on 90 sts. and divide 30 sts. on 1st, 2nd and 3rd needles. Knit in rib of K. 1 st. — P. 1 st. for 4 inches. Change to No. 3 needles and continue in ribbing for 1 inch.

NEXT ROUND: Cast off 34 sts. for face opening. Rib to end. Now work backwards and forwards on remaining 56 sts. for 5½ inches. Next row cast on 34 sts. to close face opening. Now divide work on 3 needles again and work in ribbing for 3 inches.

TO SHAPE CROWN: 1st round * rib 16, K. 2 tog. * Repeat * — * to end of Round.

2nd Round — * Rib 15, K. 2 tog., * repeat from * — * to end of Round.

Continue decreasing in this manner (5 sts. every Round) until 20 sts. remain.

Break yarn leaving about 12 inches. With darning needle run through remaining stitches draw up firmly together and fasten securely.

FACE BAND: With No. 2 needles, pick up equally 110 sts. round face opening. Divide sts. as follows: 1st needle 37 sts., 2nd needle 37 sts., 3rd needle 36 sts., and work in Rib of K. 1 — P. 1 for 1½ inches. Cast off in Rib (Knit the K. sts. and Purl the P. sts.)

FINISHING: Press lightly.



Instructions continued on page 42

A-Steel Helmet

KNIT WITH 2 NEEDLES—AVERAGE HEAD SIZE

MATERIALS: 2 oz. 4 ply Knitting Worsted
1 pr. No. 2 Knitting Needles
1 pr. No. 3 Knitting Needles

TENSION: 7 sts. = 1 inch on No. 3 Needles

Using No. 2 Needles. Cast on 100 stitches and work 36 rows in K. 2, P. 2 ribbing.

Cast off 9 sts. at the beginning of the next two rows.

Using No. 3 Needles. Work 60 rows in Plain knitting. Proceed as follows:

1st Row—K. 52, slip 1, K. 1, pass slip stitch over knitted one turn.

2nd Row—K. 23, slip 1, K. 1, pass slip stitch over knitted one turn.

Repeat the 2nd row until all the stitches are worked on to one needle (24 stitches) break off wool.

Then using No. 2 Needles. Commence on the 9 cast off stitches, pick up 112 stitches round the face part and work 15 rows, K. 2, P. 2 rib. Cast off in rib (knit the K. sts.—Purl the P. sts.).

FINISHING: Sew down front of chin and neck. Press.



B-Regulation Helmet

KNIT WITH 2 NEEDLES

MATERIALS: 4 oz. 4 ply Knitting Worsted
1 pr. No. 2 Knitting Needles
1 pr. No. 3 Knitting Needles

TENSION: 7 sts. = 1 inch

Using No. 2 Needles. Cast on 100 stitches, and work 36 rows, in K. 2, P. 2 ribbing.

Cast off 9 stitches at the beginning of the next two rows.

Using No. 3 Needles. Work 60 rows in Plain knitting. Proceed as follows:

1st Row—K. 52, slip 1, K. 1, pass slip stitch over knitted one, turn.

2nd Row—K. 23, slip 1, K. 1, pass slip stitch over knitted one, turn.

Repeat the 2nd row until all the stitches are worked on to one needle (24 stitches) break off wool.

Using No. 2 Needles. Commencing on the 9 cast off stitches, pick up 112 stitches round the face part and work 15 rows, K. 2, P. 2 rib. Sew down front of chin and neck.

Pick up 50 sts. across back with No. 3 Needles and knit Plain knitting for 6 inches and then decrease 1 st. at each end of needle every other row for 14 rows and bind off.

Pick up 50 sts. across front. K. exactly same as back and bind off.

FINISHING: Press lightly.



C-Cap

AVERAGE HEAD SIZE

MATERIALS: 4 oz. 4 ply Knitting Worsted
4 Knitting Needles No. 3 (Double Points)

TENSION: 6 sts. = 1 inch

Cast on 90 sts. Divide on three needles 30 sts. on each needle. Knit in ribbing of K. 1 st., P. 1 st. for 4 inches.

Turn inside and Knit even for 3 inches.

TO SHAPE CROWN: 1st Round—* K. 16, K. 2 tog. * Repeat *—* to end of round.

2nd Round—And alternate rounds, Knit even.

3rd Round—* K. 15, K. 2 tog. 5 sts. decreased every other row to end of round.

Continue decreasing in this manner until 10 sts. remain in round. Break yarn leaving 12 inches, using darning needle, draw yarn through remaining stitches. Draw up firmly and fasten securely.

FINISHING: Press lightly.

A Mask

AVERAGE HEAD SIZE

MATERIALS: 4 oz. 4 ply Knitting Worsted
4 No. 2 Knitting Needles (Double Points)
4 No. 3 Knitting Needles (Double Points)

TENSION: 7 sts. = 1 inch

Starting at lower edge, with No. 2 Needles cast on 90 sts. and divide 30 sts. on each of 3 needles. Knit in rib of K. 1 st., P. 1 st. for 4 inches. Change to No. 3 Needles and change pattern as follows:

RIB PATTERN: 1st Round — K. 1, P. 1, to end of round.
2nd Round — Knit to end of round.
Repeat these 2 rounds for Pattern. Continue even in Pattern for 2 inches.

Next Round — Round on 1st needle (face needle) — K. 10 sts. bind off 10 sts. K. 10 sts. (This forms mouth opening). Knit to end of round.

2nd Round — 1st needle * K. 1, P. 1. * Repeat for 10 sts. Cast on 10 sts. (Where 10 sts. were cast off previous row). Rib 10 sts. Rib 2nd and 3rd needles.

Work 1 inch even in Pattern ending with rib round.

Next Round — Knit 10 sts. Bind off 4 sts. K. 2 sts. bind off 43 sts. (this makes nose opening). K. 10 sts. Knit to end of round.

Next Round — Rib in pattern 10 sts. cast on 4 sts.

K. 2 sts. Cast on 4 sts. Rib 10 sts. Rib to end of round. Then K. 1 inch in pattern increasing in every 10 sts. and every 20th st. of 1st needle every other round 3 times.

Then K. 1 inch in pattern, decreasing 1 st. in 10th and 20th st. of 1st needle every round 5 times (this forms nose), ending with rib round.

Next Round — K. 6 sts. Bind off 7 sts. K. 4 sts. Bind off 7 sts. (this forms 2 eye holes). K. 6 sts. K. to end of round.

Next Round — Rib 6 sts. Cast on 7 sts. Rib 4 sts. Cast on 7 sts. Rib 6 sts. Rib to end of round (this completes face). Now work 3 inches even in pattern.

TO SHAPE CROWN: 1st Round * Rib in pattern 16 sts. K. 2 tog. * Repeat * — * to end of round.
2nd Round * K. 15, K. 2 tog. * Repeat * — * to end of round.

Continue decreasing in this manner (5 sts. every round) until 20 sts. remain.

Break Yarn leaving about 12 inches, with darning needle thread and run through remaining stitches. Draw up firmly together and fasten securely.

FINISHING: Press lightly.

Navy Mitts

AVERAGE SIZE

MATERIALS: 4 oz. 4 ply Knitting Worsted
4 No. 3 Knitting Needles (Double Point)

TENSION: 6 sts. = 1 inch.

CUFF: Cast on 48 sts. Divide them on 3 needles — 16 sts. on each needle and knit in ribbing of K. 1, P. 1 for 3½ inches. Discontinue ribbing.

HAND: Knit Plain knitting for 1 inch.

1st Round — Increasing for thumb. Increase in 1st st. K. 1, increase in next st. K. to end of round.

2nd Round — Knit even.

3rd Round — Knit even.

4th Round — Increase in 1st st. (mark with white thread). K. 3 sts. increase in next st. (the last thumb st.). K. to end of round.

5th Round — Knit even.

6th Round — Knit even.

7th Round — Increase in first thumb st. K. 5 sts. increase in last thumb st. K. even to end of round.

8th Round — Knit even.

9th Round — Knit even.

10th Round — Increase in first st. K. 7 sts. increase in last thumb st. Knit to end of round.

11th Round — Knit even.

12th Round — Knit even.

13th Round — Increase in first st. K. 9 sts. increase in last thumb st. Knit to end of round.

14th Round — Knit even.

15th Round — Knit even.

16th Round — Increase in 1st st. K. 11 sts. increase in last thumb st. Knit to end of round (60 sts. in round).

17th Round — Knit even.

18th Round — Knit even.

19th Round — Knit even ending at 1st thumb st. Slip the next 15 sts. onto a strand of yarn (or safety pin). Cast on 3 sts. at end third needle (between thumb

and hand). Knit to end of round (48 sts. in round). Knit even for 4 inches.

1st Decrease Round * K. 4, K. 2 tog. * Repeat * — * to end of round (8 decreases).

2nd Round — Knit even.

3rd Round — Knit even.

4th Round — Knit even.

5th Round — * K. 3, K. 2 tog. * Repeat * — * to end of round.

6th Round — Knit even.

7th Round — Knit even.

8th Round — * K. 2, K. 2 tog. * Repeat from * — * to end of round.

9th Round — Knit even.

10th Round — * K. 1, K. 2 tog. * Repeat from * — * to end of round.

11th Round — Knit even.

12th Round — * K. 2 tog. Repeat * — * to end of round (8 sts. on needle).

Break yarn leaving 8 inch Yarn Strand.

Draw end through all 8 sts. Draw them up tightly and fasten securely.

THUMB: Slip the 15 sts. for thumb to 2 needles, with 3rd needle pick up and K. 4 sts. on the 3 cast on sts. between thumb and hand. Knit even until thumb measures 2¼ inches from the cast on sts. K. last 2 sts. tog. at end of round.

1st Round Decrease * K. 2 tog. K. 4 * Repeat * — * to end of round.

2nd Round — Knit even.

3rd Round — * K. 2 tog. * Repeat * — * to end of the round (6 sts. on needles). Break yarn, leaving an 8 inch end. Draw end through all 6 sts. Draw tightly together. Fasten securely. Knit other mitt exactly the same. Press lightly.



A - Army Mitts

AVERAGE SIZE—BOTH ALIKE

MATERIALS: 4 oz. 4 ply Knitting Worsted
4 Knitting Needles No. 2 (Double Points)

TENSION: 7 sts. = 1 inch

CUFF: Cast on 48 sts. Divide them on 3 needles — 16 sts. on each needle and knit in ribbing of K. 1, P. 1 for 3½ inches. Discontinue ribbing.

HAND: Knit Plain knitting for 1 inch.

1st Round — Increasing for Thumb. Increase in 1st st. K. 1, increase in next st. Knit to end of round.

2nd Round — Knit even.

3rd Round — Knit even.

4th Round — Increase in 1st st. (mark with white thread). K. 3 sts. increase in next st. (the last thumb st.) Knit to end of round.

5th Round — Knit even.

6th Round — Knit even.

7th Round — Increase in first thumb st. K. 5 sts. increase in last thumb st. Knit even to end of round.

8th Round — Knit even.

9th Round — Knit even.

10th Round — Increase in first st. K. 7 sts. increase in last thumb st. Knit to end of round.

11th Round — Knit even.

12th Round — Knit even.

13th Round — Increase in first st. K. 9 sts. Increase in last thumb st. Knit to end of round.

14th Round — Knit even.

15th Round — Knit even.

16th Round — Increase in 1st st. K. 11 sts. Increase in last thumb st. Knit to end of round (60 sts. in round).

17th Round — Knit even.

18th Round — Knit even.

19th Round — Knit even ending at 1st thumb st. Slip the next 15 sts. onto a strand of yarn (or safety pin).

Cast on 3 sts. at end third needle (between thumb and hand). Knit to end of round (48 sts. in round). Knit even for 4 inches.

Rearrange stitches. Slip 10 sts. from 2nd needle to 1st needle.

Divide 2nd and 3rd needles equal.

1st Round — Knit until 3 sts. remain K. 2 tog. K. 1, 2nd needle K. 1, K. 2 tog. Knit to end of needle; 3rd needle Knit.

2nd Round — Knit even.

Repeat these 2 rounds once.

5th Round — 1st needle K. 1, K. 2 tog., Knit until 3 sts. remain. K. 2 tog. K. 1; 2nd needle K. 1, K. 2 tog. Knit to end of needle; 3rd needle, knit until 3 sts. remain K. 2 tog., K. 1.

Repeat 5th Round 4 times (24 sts. on needles). Slip sts. from 2nd needle to 3rd needle and graft. (See instructions page 40.)

THUMB: Slip the 15 sts. for thumb to 2 needles, with 3rd needle pick up and K. 4 sts. on the 3 cast on sts. between thumb and hand. Knit even until thumb measures 2¼ inches from the cast on sts. Knit last 2 sts. tog. at end of round.

1st Round — Decrease. *K. 2 tog. K. * Repeat * — * to end of round.

2nd Round — Knit even.

3rd Round *K. 2 tog. * Repeat * — * to end of the round (6 sts. on needles). Break yarn, leaving an 8 inch end. Draw end through all 6 sts. Draw tightly together. Fasten securely. Knit, other Mitt exactly the same.

FINISHING: Press lightly.

B - Army Gloves

AVERAGE SIZE

MATERIALS: 4 oz. 4 ply Knitting Worsted
4 Knitting Needles No. 2 (Double Point)

TENSION: 7 sts. = 1 inch.

RIGHT GLOVE: Starting at cuff, cast on 48 sts. (16 sts. on each of 3 needles), join. Work in ribbing K. 1, P. 1 for 4 inches. Knit 3 rounds.

THUMB: Increase.

1st Round — K. 1, K. 2 sts. in next st., K. 1, K. 2 sts. in next st. Knit to end.

Knit 2 rounds even.

4th Round — K. 1, K. 2 sts. in next st., K. 3, K. 2 sts. in next st., knit to end.

Knit 2 rounds even.

Continue increasing in this manner, 2 sts. every 3rd round (having 2 sts. more between each increasing) until there are 6 increases (60 sts. on needle).

Next Round — K. 2 (slip the next 14 sts. on to a thread) cast on 5 st. Knit to end (51 sts. on needle) Knit 17 rounds even.

START FINGERS: 1st finger K. 7 (slip the next 37 sts. on to a thread), cast on 2 sts. K. 7 (16 sts. on needles), join. Knit 27 rounds.

TO FINISH FINGERS Next Round — K. 2 tog. around. Next Round — Knit.

Break wool, thread end through remaining 8 sts., draw up tightly. Fasten securely on wrong side.

(Note—all fingers are finished in the same manner.)

2nd Finger—Take 6 sts. from each side of previous finger, join wool; K. 6 sts. pick up and K. 2 sts. at base of previous finger, K. 6 sts., cast on 2 sts., (16 sts. on needles), join. Knit 30 rounds. Finish off.

3rd Finger—Work in same manner as 2nd Finger, only working 27 rounds. Finish off.

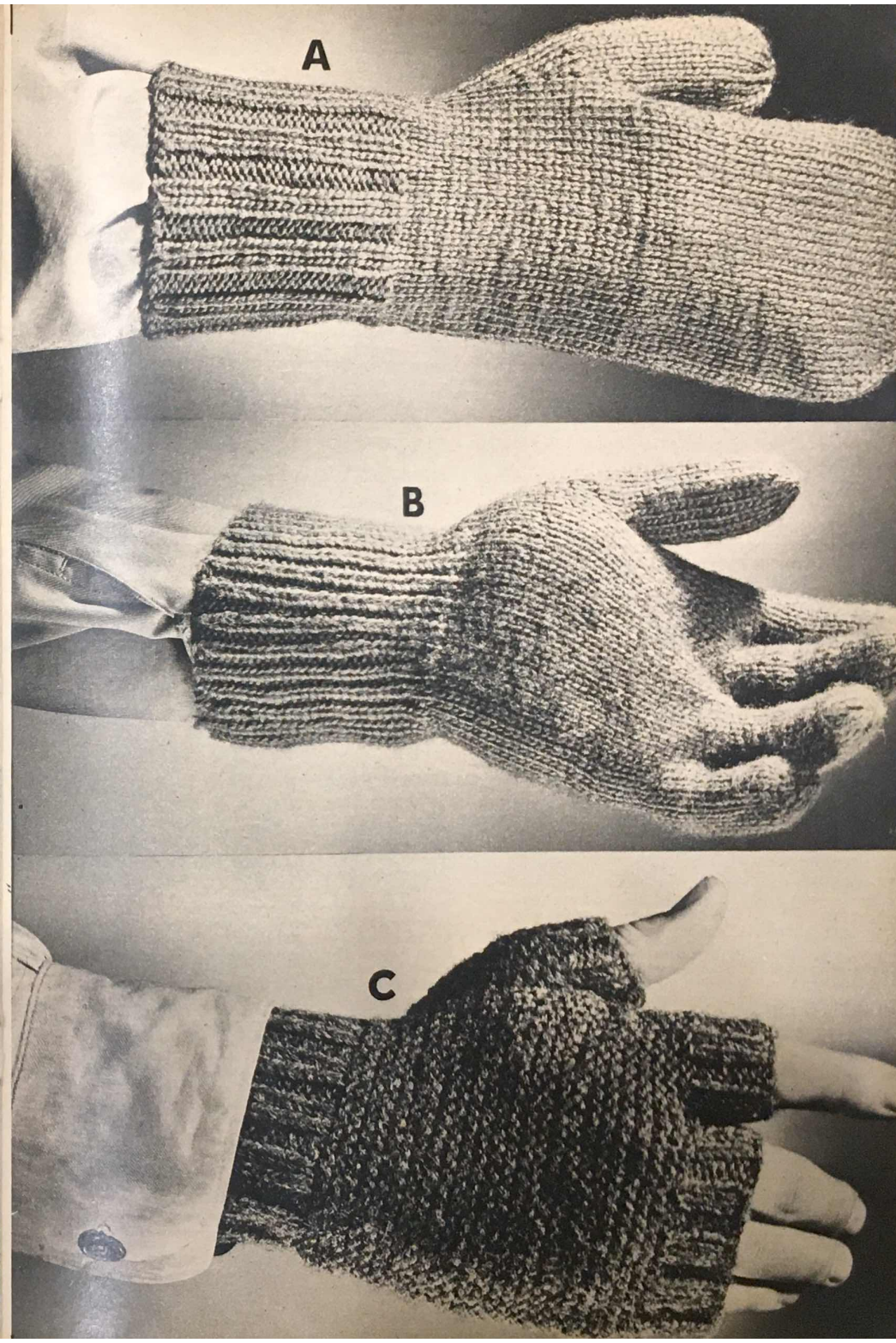
4th Finger—Take remaining 13 sts., join wool, pick up and K. 2 sts. at base of 3rd finger, join. Knit 25 rounds. Finish off.

THUMB: Take 14 sts. from thread, join wool, pick up and K. 5 sts. on the "cast-on" sts., join. Knit 24 rounds. Finish off.

LEFT GLOVE: Work same as right glove until the starting of thumb-increase.

1st Round — K. 43, K. 2 sts. in next st., K. 1, K. 2 sts. in next st., K. 2. Finish to correspond with right glove.

FINISHING: Press lightly.



A—Navy Gloves

FOR OFFICERS ONLY—MEDIUM SIZE—WHITE

MATERIALS: 4 oz. 4 ply Knitting Worsted
4 Knitting Needles No. 2 (Double Points)

TENSION: 7 sts. = 1 inch.

PATTERN: Moss Stitch

1st Row — * K. 1, P. 1. * Repeat * — * across row.
2nd Row — * P. 1, K. 1. * Repeat * — * across row.

RIGHT HAND GLOVE: Cast on 56 sts. (20 sts. on each of two needles and 16 sts. on third needle). K. 2, P. 2, for 3 inches, increasing 2 sts. in last round. Then change to Moss Stitch for remainder of Glove (with exception of Thumb which is partly Knit plain Knitting). Now begin hand.

FIRST ROUND: P. 1, K. 5, P. 1, K. in Moss Stitch to end of round. Repeat this round twice (the P. sts. mark gusset for thumb increase, mark both with colored thread).

FOURTH ROUND: P. 1 increase 1 st. in next st. K. 3, increase 1 st in next st. P. 1, Knit in pattern to end of round.

FIFTH ROUND: P. 1, K. 7, P. 1 — Knit in Pattern to end of round. Repeat this round 4 times. Increase 2 sts. between the 2 P. sts. in next and every 6th round following until there are 13 sts. between P. sts. Work 6 rounds even, casting on 3 sts. at end of last round. Next round, slip first 15 sts. on to a thread for Thumb, continue around in pattern 54 sts. Work 13 rounds even in pattern.

FIRST FINGER: Knit first 5 sts. slip next 38 sts. to a thread. Cast on 2 sts. and K. the last 11 sts. Divide

these 18 sts. evenly on 3 needles. Work 3 inches (Knit more for longer finger) in Pattern.

DECREASE ROUND: K. 2 tog. 9 times. Break yarn, leaving 8 inch end. Thread in darning needle. Run end through remaining sts. Draw up tightly and fasten securely on wrong side.

SECOND FINGER: K. next 7 sts. of round (palm) cast on 2 sts. K. last 7 sts. of round, pick up the 3 sts. at base of First Finger.

Divide these 19 sts. on 3 needles. Work 3¼ inches even.

DECREASE ROUND: K. 2 tog. 9 times, K. 1. Finish as for First Finger.

THIRD FINGER: K. next 7 sts. of round, cast on 2 sts. K. last 7 sts. of round, pick up and K. 2 sts. at base of Second Finger. Divide these 18 sts. evenly on 3 needles. Work as for First Finger.

FOURTH FINGER: K. remaining sts. pick up and K. 4 sts. at base of Third Finger. Divide these 14 sts. on 3 needles. Work 2¼ inches even.

DECREASE ROUND: K. 2 tog. 7 times. Finish as for First Finger.

LEFT HAND GLOVE: Work as given for Right Hand Glove until fingers are reached.

FIRST FINGER: K. first 11 sts., slip next 38 sts. on to a thread, cast on 2 sts. and K. last 5 sts. Work remainder of glove as for Right Hand Glove, beginning at the Back to K. sts. for fingers.

FINISHING: Press lightly.

B—Navy Gloves

FOR OFFICERS ONLY—MEDIUM SIZE—WHITE

MATERIALS: 4 oz. 4 ply Knitting Worsted
4 Knitting Needles No. 2 (Double Points)

TENSION: 7 sts. = 1 inch

PATTERN: Moss Stitch

1st Row — * K. 1, P. 1 * Repeat * — * across row.
2nd Row — * P. 1, K. 1 * Repeat * — * across row.

RIGHT GLOVE: Start at Cuff — Cast on 56 sts. 20 sts. on each of 2 needles and 16 on the third. K. 2, P. 2, rib for 3 inches, increasing 1 st. in last round. Begin hand. Work in Moss Stitch for balance of Glove.
1st Round — P. 1st st. (mark with color thread to show gusset) (increase for thumb) P: 6th st. (mark with another thread for thumb).

2nd Round — Work even.

3rd Round — Work even.

4th Round — P. 1, increase 1 st. in next st., next 3 sts. even, increase in 4th st., P. 1, Knit even to end of round.

5th Round — P. 1, next 7 sts. even, P. 1, Knit even to end of round.

6th Round — Repeat 5th Round.

7th Round — Repeat 5th Round.

8th Round — Repeat 5th Round.

9th Round — Repeat 5th Round.

Increase 2 sts. between the 2 P. sts. in next and every 6th round following until there are 13 sts. between P. sts. Then work 6 rounds even, casting on 3 sts. at end of last round.

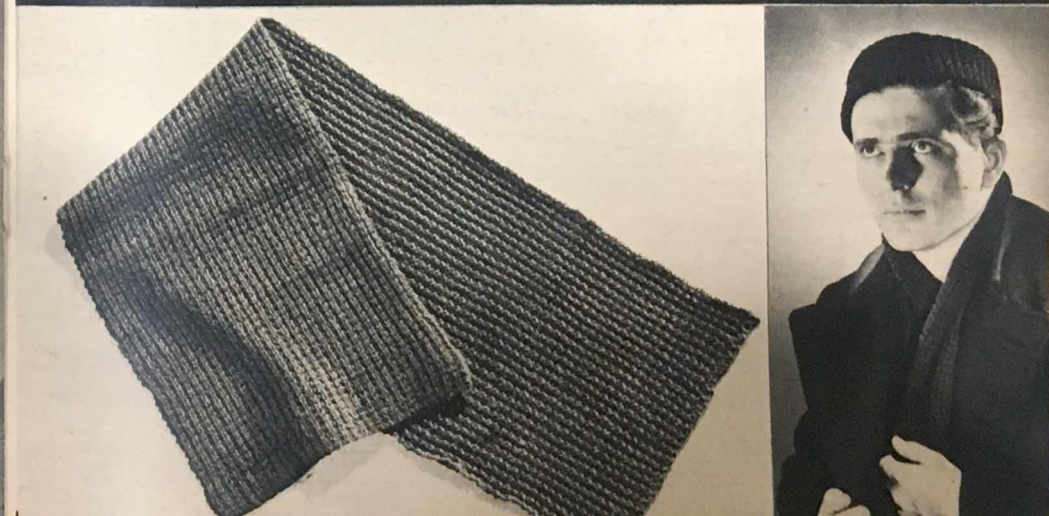
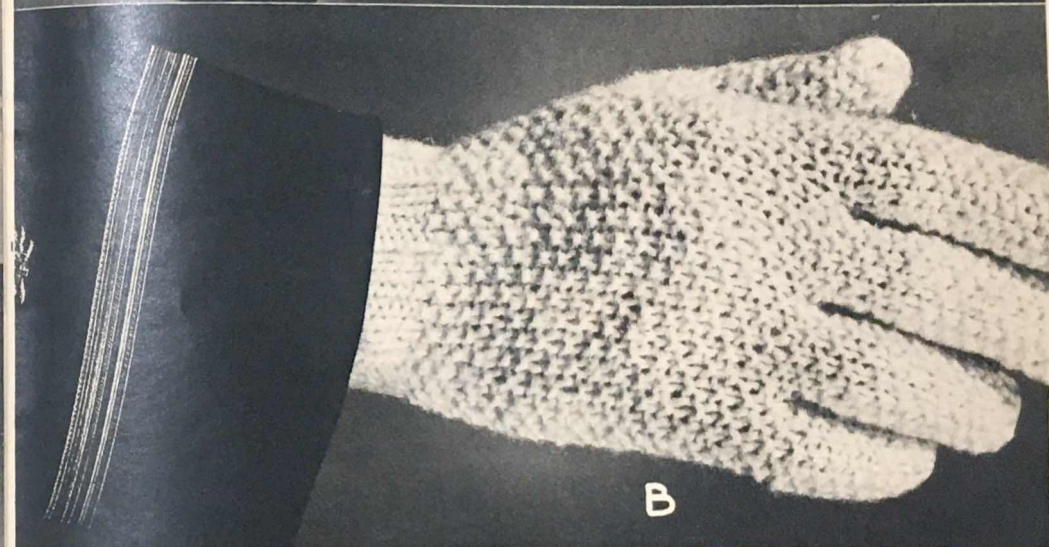
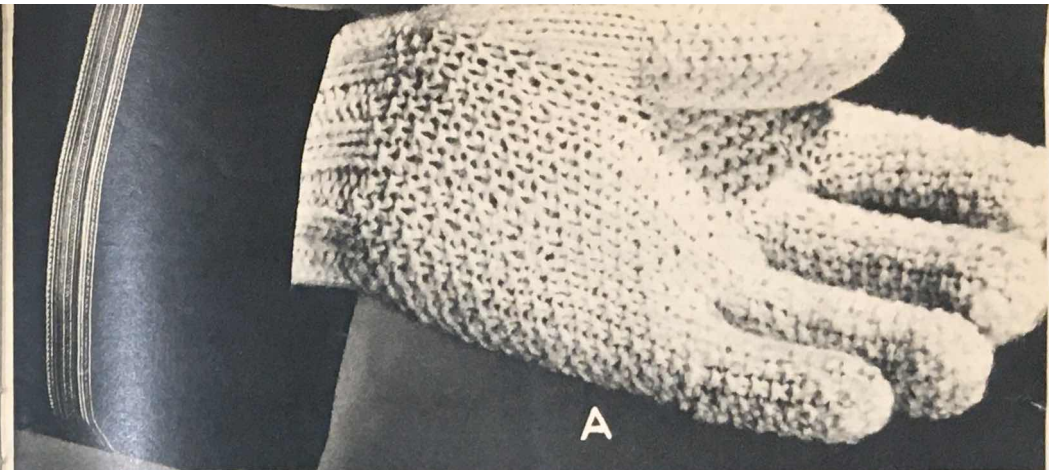
Next Round — Slip first 15 sts. on a thread for thumb, continue around in Pattern 54 sts. on needle. Work 13 rounds even.

FIRST FINGER: K. first 5 sts. slip next 38 sts. to a thread. Cast on 2 sts. and K. the last 11 sts. Divide these 18 sts. evenly on 3 needles. Work 3 inches (Knit more for longer finger) in Pattern.

DECREASE ROUND: K. 2 sts. tog. 9 times. Break Yarn

Instructions Continued on page 42

Instructions Navy Scarf on page 43



A—Wristlets

MATERIALS: 4 oz. 4 Ply Knitting Worsted
1 pair No. 3 Knitting Needles

GAUGE: 7 sts. = 1 inch

Cast on 48 sts. — Knit in Rib Stitch of * K. 2 — P. 2 *.
Repeat * — * until work measures 12 inches, and

bind off in Pattern — (knitting the knitted sts. and purling the purled sts.).

Sew up seam for $8\frac{1}{2}$ inches — leave edges open for $1\frac{1}{2}$ inches (thumb-opening) sew the edges together for remaining $2\frac{1}{2}$ inches and fasten off.

FINISHING: Press lightly.

B—Trigger Gloves

AVERAGE SIZE

MATERIALS: 4 oz. 4 Ply Knitting Worsted
4 Knitting Needles No. 2 (Double Points)

TENSION: 7 sts. = 1 inch

RIGHT GLOVE: Cuff — Cast on 48 sts. (16 sts. on each of 3 needles) join. Knit in ribbing of K. 2, P. 2 for 4 inches. Change to Pattern of Rib K. 1, P. 1. For balance of glove, work 3 rounds even.

THUMB INCREASE: 1st Round — K. 1, K. 2 in next st. K. 1 — K. 2 sts. in next st. K. to end of round.

2nd Round — K. even.

3rd Round — K. even.

4th Round — K. 1, K. 2 sts. in next st. K. 3, K. 2 sts. in next st. K. to end of Round.

5th Round — K. even.

6th Round — K. even.

Continue increasing in this manner 2 sts. every 3rd Round (having 2 sts. more between increasings) until there are 6 increases — 60 sts. on needles. Use care to match Pattern of K. 1 st., P. 1 st.

Next Round — K. 1, P. 1 (slip the next 14 sts. onto a thread). Cast on 5 sts. K. to end of needle (51 sts.). K. 17 Rounds even.

1ST FINGER: K. 7 sts. (slip the next 37 sts. on thread).

Cast on 2 sts. K. 7 (16 sts. on needle), join. Knit in Moss Stitch Pattern as follows:

1st Round — * K. 1, P. 1 *. Repeat * — * to end of Round.

2nd Round — * P. 1, K. 1 *. Repeat to * — * to end of Round.

Repeat these 2 Rounds for Pattern. K. for $\frac{3}{4}$ inch and bind off.

2ND FINGER: Take 6 sts. from side of previous finger. Join Yarn. Knit 6 sts. pick up and K. 2 sts. at base of previous finger. K. 6. Cast on 2 sts. (16 sts. on needles) join. K. in Moss Pattern for $\frac{3}{4}$ inch bind off.

3RD FINGER: Work same as 2nd Finger.

4TH FINGER: Take remaining 13 sts. join yarn, pick up and K. 5 sts. on the "cast on sts." join. Work $\frac{3}{4}$ inch Moss st. Bind off.

THUMB: Take 14 sts. from thread, join yarn, pick up and knit 5 sts. on the "cast on sts." join. K. $\frac{3}{4}$ inch Moss stitch. Bind off.

LEFT GLOVE: Knit same as Right Glove until starting in Thumb increase.

1st Round — K. 43, K. 2 in next st., K. 1, K. 2 in next st. Continues to correspond with Right Glove.

FINISHING: Press lightly.

C—Wristlet With Thumb

MATERIALS: 4 oz. 4 Ply Knitting Worsted
1 pair No. 3 Knitting Needles

GAUGE: 7 sts. = 1 inch

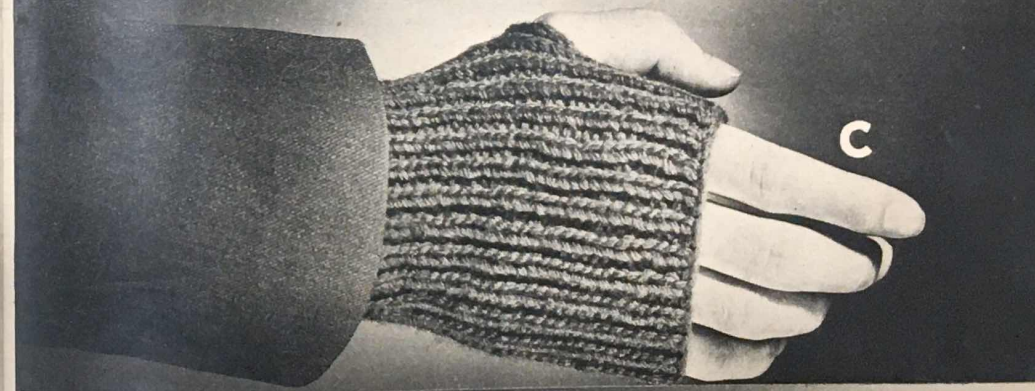
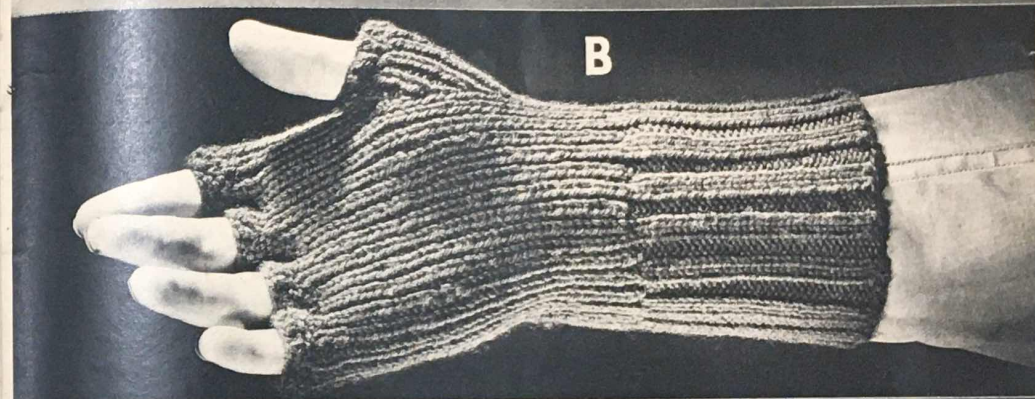
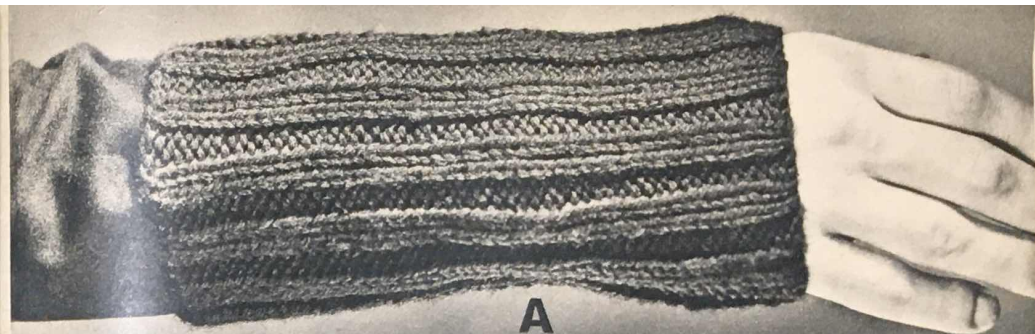
Cast on 48 sts. — Knit in Rib Stitch of * K. 1 — P. 1 *.
Repeat * — * until work measures 12 inches, and

bind off in Pattern — (knitting the knitted sts. and purling the purled sts.).

Sew up seam for $8\frac{1}{2}$ inches — leave edges open for $1\frac{1}{2}$ inches (thumb-opening) sew the edges together for remaining $2\frac{1}{2}$ inches and fasten off.

FINISHING: Press lightly.

Instructions for Slot Mitts on page 36



A-Knee Length Stockings

WITH DOUBLE HEEL AND FLAT TOE — SIZE 11-12 INCH FOOT SIZE — 18 INCH LEG LENGTH

MATERIALS: 8 oz. 4 Ply Knitting Worsted
4 Knitting Needles No. 2 (Double Points)

TENSION: 7 sts. = 1 inch
Cast on 88 sts. (30, 30, 28). Work 4 inches Ribbing (K. 1, P. 1). This forms the turn-over cuff. Stocking: 1st Round — * K. 4, P. 2. Repeat from * to last 4 sts. K. 4. (This makes 8 knit sts. in center of back of stocking). Repeat 1st round for 5½ inches. Continue:

TO SHAPE LEG: 1st Round — K. 2 tog.; K. 2, P. 2. * K. 4, P. 2. Repeat from * to last 4 sts. K. 2, K. 2 tog. 2nd Round — K. 3, P. 2. * K. 4, P. 2. Repeat from * to last 3 sts. K. 3. Repeat 2nd round 6 times.

9th Round — (K. 2 tog.) twice. K. 5, P. 2. * K. 4, P. 2. Repeat from * to last 9 sts. K. 5, (K. 2 tog.) twice. (This does away with the first 2 and last 2 Purl sts. of round.)

10th Round — K. 7, P. 2. * K. 4, P. 2. Repeat from * to last 7 sts. K. 7. Repeat 10th round 6 times.

17th Round — K. 2 tog. K. 5, P. 2. * K. 4, P. 2. Repeat from * to last 7 sts. K. 5. K. 2 tog.

18th Round — K. 6, P. 2. * K. 4, P. 2. Repeat from * to last 6 sts. K. 6. Repeat 18th round 6 times.

25th Round — K. 2 tog. * K. 4, P. 2. Repeat from * to last 6 sts. K. 4, K. 2 tog.

26th Round — K. 5, P. 2. * K. 4, P. 2. Repeat from * to last 5 sts. K. 5. Repeat 26th Round 6 times.

33rd Round — K. 2 tog. K. 3, P. 2. * K. 4, P. 2. Repeat from * to last 5 sts. K. 3, K. 2 tog.

34th Round — * K. 4, P. 2. Repeat from * to last 4 sts. K. 4. Repeat 34th Round 6 times.

41st Round — K. 2 tog., K. 2, P. 2. * K. 4, P. 2. Repeat from * to last 4 sts. K. 2, K. 2 tog.

42nd Round — K. 3, P. 2. * K. 4, P. 2. Repeat from * to last 3 sts. K. 3. Repeat 42nd Round 6 times.

49th Round — K. 2 tog. K. 1. Work in ribbing to last 3 sts. K. 1, K. 2 tog. There are now 2 knit sts. at beginning and end of round. (72 sts. in Round.) Continue even in (K. 4, P. 2) ribbing for 5½ inches. Work now measures approx. 15 inches (cuff turned over).

TO MAKE HEEL: Knit first 18 sts. off 1st needle and slip last 18 sts. off 3rd needle on one needle. (These 36 sts. are for heel.) Divide remaining 36 sts. on 2 needles and leave for instep.

1st Row — K. 1, P. 34, K. 1.

2nd Row — K. 1 * S. 1 (without tightening yarn behind slip st.) K. 1. * Repeat * — * to end of Row. Repeat these 2 rows until heel measures 2½ inches. ending with 2nd Row.

TO SHAPE HEEL:

1st Row — K. 1, P. 18, P. 2 tog. P. 1. Turn.

2nd Row — K. 4, S. 1, K. 1. PSSO, K. 1. Turn.

3rd Row — P. 5, P. 2 tog. P. 1. Turn.

4th Row — K. 6, S. 1, 1, K. 1, PSSO, K. 1. Turn.

Continue in this manner, working 1 st. extra every Row until all sts. are on one needle, ending with Knit Row (20 sts. now on needle).

Divide heels sts. even on 1st and 3rd needles.

TO SHAPE INSTEP:

1st Needle — Pick up and K. 18 sts. along side of heel, insert needle through the knot formed by K. stitch at end of each row. 28 sts. on 1st needle.

2nd Needle — K. the 36 instep sts. (In Rib same as stocking.)

3rd Needle — Pick up and K. 18 sts. along other side of heel. K. remaining 10 sts. (28 sts. now on needle.) Continue as follows:

1st Round — Knit even.

2nd Round — 1st Needle K. to last 4 sts. K. 2 tog., K. 2.

2nd Needle — Rib. 3rd Needle K. 2, K. 2 tog. Knit to end of Needle. Repeat these 2 rounds until there are 18 sts. on each of 1st and 3rd needles and 36 on 2nd needle (72 sts. in round). Continue in Pattern until work measures 7 inches (from where sts. were picked up at heel).

TO SHAPE TOE: Omit ribbing on 2nd needle. Knit all rounds — plain knitting.

1st Round — 1st Needle: Knit to last 3 sts. K. 2 tog. K. 1. 2nd Needle: K. 1, K. 2 tog. Knit to last 3 sts. K. 2 tog. K. 1. 3rd Needle: K. 1, K. 2 tog. Knit to end of Needles.

2nd Round — K. even.

3rd Round — K. even.

Repeat last 3 rounds.

Continue decreasing in this manner, knitting 1 round even between decreases until 22 sts. remain on needles. Knit sts. of 1st needle to 3rd needle. Graft Toe. See instruction, page 40.

FINISHING: Press lightly.

Instructions for B-Sea Boot Stockings, and C-Regulation Socks, on page 45



A-Turtle Neck Tuck-In

MATERIALS: 4 oz. 4 ply Knitting Worsted
1 pr. Knitting Needles No. 3
4 Knitting Needles No. 2 (Double Points)

TENSION: 7 sts. = 1 inch

TURTLE NECK: On No. 2 Needles cast on 90 sts. — 30 sts. on each 3 needles — work in ribbing of K. 1, P. 1 for 5 inches. Change to No. 2 Needles and divide work in half — 45 sts. on each needle.

FRONT: Knit in rib of K. 2 and P. 2 increasing 1 st. at each edge (using care to follow rib pattern) every 10th row until there are 54 sts. on needle. Continue in rib until work measures 8 inches. Bind off in rib (Knit K. sts. and Purl P. sts.).

BACK: Knit exactly same as Front until work measures 8 inches. Then knit plain, knitting for 10 rows and bind off.

FINISHING: Press lightly.

B-Navy Chest Protector

HEAVY WEIGHT

MATERIALS: 4 oz. 4 ply Knitting Worsted
1 pr. Knitting Needles No. 3
4 Knitting Needles No. 2 (Double Points)

TENSION: 6 sts. = 1 inch on No. 3 Needles

NECK BAND: With No. 2 Needles cast on 90 sts. Divide 30 sts. each on 3 needles. Knit in ribbing of K. 1 st., P. 1 st. for 10 Rows. Then divide in half. 45 sts. on each 2 needles (this forms back and front).

FRONT: Change to No. 3 Needles and Knit across row. Cast on 5 sts. Purl next row and cast on 5 sts.

end row. K. 1, row. Cast on 5 sts. at end of row. P. 1 row cast on 5 sts. at end of row. K. 1 row. Cast on 5 sts. at end of row. P. 1 row cast on 5 sts. at end of row.

Now keeping a border of 5 sts. Plain knitting at each edge. Knit in pattern of Knit 1 row — Purl 1 row until work measures 10 inches. Then knit plain knitting for 10 rows and bind off.

BACK: Knitting exactly same as Front until work measures 8 inches. Then knit plain, knitting for 10 rows and bind off.

Sew up shoulder seams and press lightly.



Navy Scarf

WHITE—10 BY 48 INCHES

MATERIALS: 8 oz. 4 ply Knitting Worsted
1 pr. Knitting Needles No. 4
1 pr. Knitting Needles No. 3

GAUGE: 6 sts. = 1 inch

PATTERN: 1st Row — * K. 1 st., P. 1 st. * Repeat
* — * across row
2nd Row — Repeat 1st Row
3rd Row — * P. 1 st., K. 1 st. * Repeat
* — * across row
4th Row — Repeat 3rd Row.

These 4 rows make pattern. With No. 4 Needles cast on 60 sts. Knit in Pattern for 18 inches. Then change to No. 3 Needles and work in ribbing of * K. 1 st., P. 1 st. * Repeat * — * for 12 inches. Change to No. 4 Needles and knit in Pattern for 18 inches. Bind off in rib.

(Knit the K. sts. and Purl the P. sts.)

FINISHING: Press lightly.

Continued from page 30

D-Slot Mitts

SIZE—AVERAGE

MATERIALS: 4 oz. 4 Ply Knitting Worsted
4 Knitting Needles No. 2 (Double Point)

TENSION: 7 stitches = 1 inch

Flap — Cast on 25 sts.

1st Row — K. 2, * P. 1, K. 1, repeat from *, ending K. 2.
2nd Row — * K. 1, P. 1, repeat from * ending K. 1.
Repeat these 2 rows, 10 times. Break wool. Leave on needle until needed.

RIGHT MITT: Starting at cuff, cast on 48 sts. (16 sts. on each of 3 needles), join.

Work in ribbing (K. 2, P. 2 for 4 inches (32 rounds).
Knit 6 rounds. Start Gusset: (For Thumb).

1st Round — K. 1, K. 2 sts. in next st. K. 1, K. 2 sts. in next st. Knit to end of round.

Knit 2 rounds even.

4th Round — K. 1, K. 2 sts. in next st. K. 3, K. 2 sts. in next st. Knit to end of round.

Knit 2 rounds even.

Continue increasing in this manner 2 sts. every 3rd round (having 2 sts. more between increase) until there are 6 increasings (60 sts. on needles).

Next Round — K. 1, slip the next 16 sts. (gusset) on to a thread, cast on 4 sts. knit to end of round (48 sts. on needles).

Knit 6 rounds.

7th Round — K. 3; (P. 1, K. 1) 10 times; P. 1, K. 24. Repeat this round, 5 times.

13th Round — K. 3, cast off 21 sts. K. 24.

14th Round — K. 1, place flap at back of opening. Knit together 1 st. from each needle, twice (thus grafting side edges), rib 21 sts. from flap, K. 2 tog. twice (grafting sides), knit to end of Round.

Repeat 7th Round, 6 times.

ARRANGE STS. THUS: 24 sts. on front needle, 12 sts. on 2nd and 3rd needles. Knit 14 rounds.

START DECREASING: 1st Round — * K. 6, K. 2 tog. repeat from * around.

2nd Round — Knit.

3rd Round — * K. 5, K. 2 tog. repeat from * around.

4th Round — Knit.

Continue decreasing in this manner 6 sts. every 2nd round (having 1 st. less between each decreasing) until 6 sts. remain on front needle, 3 sts. on each back needle.

Slip the 3 sts. from 3rd needle on to 2nd needle.

Break wool, leaving about 12 inch length.

Graft Top — See instructions Page 46.

LEFT MITT: Work in same manner as right mitt until starting thumb-increase.

Next Round — K. 43, K. 2 sts. in next st., K. 1, K. 2 sts. in next st., K. 2. Continue as right mitt until there are 6 rounds above thumb.

Next Round — K. 24, P. 1, K. 1 (10 times), P. 1, K. 3. Finish to correspond with right mitt.



Air Force

ASCOT SCARF

MATERIALS: 8 oz. 4 ply Knitting Worsted
1 pr. Knitting Needles No. 3

TENSION: 7 sts. = 1 inch

PATTERN: Moss Stitch

1st Row — * K. 1, P. 1. * Repeat * — *
across row.
2nd Row — * P. 1, K. 1. * Repeat * — *
across row.

Repeat these 2 rows for Pattern.

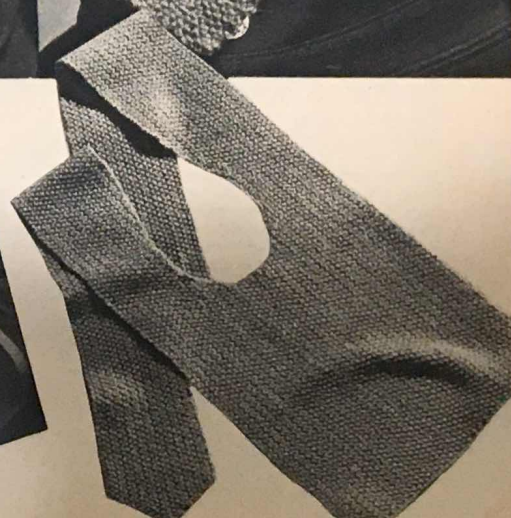
FRONT: Starting at lower edge, cast on 20 sts. Knit one row in Pattern. Cast on 20 sts. K. Back. Cast on 20 sts. — K. then K. 1 row casting on 10 sts. at each edge (80 sts. on needle). Knit even until work measures 12 inches from cast on.

TO SHAPE TIES: Next row K. 30 sts. Cast off 20 sts. (for neck) K. 30 sts. Put one-half on stitch holder and Knit as follows:

Keeping outside edge even, Knit in Pattern, decreasing 1 st. at neck edge every other row 10 times (20 sts. on needle). Then Knit even until work measures 3 inches from neck (cast off).

Now increase 1 st. at neck edge every other row 10 times (30 sts. now on needle). Knit even until Tie measures 28 inches in length from neck. Then decrease 1 st. at each edge every other row until 1 st. remains. Fasten off (this forms point). Pick up other half and Knit exactly the same.

FINISHING: Press lightly.



Turtle Neck Sleeveless Pullover

FOR MERCHANT MARINE—RIB PATTERN—SIZES 36-38

MATERIALS: 12 oz. 4 ply Knitting Worsted, Size 36-38
14 oz. 4 ply Knitting Worsted, Size 40-42
1 pr. No. 5 Knitting Needles
4 No. 2 Knitting Needles (Double Points)

TENSION: 5 stitches = 1 inch
7 rows = 1 inch

PATTERN: 1st Row — * K. 1, P. 3. * Repeat * — *
across row.
2nd Row — P. 1, * K. 1, P. 3. * Repeat
* — * across row ending with P. 2 sts.
Repeat these 2 rows for pattern.

FRONT: On No. 5 Needles cast on 92 sts. * K. 1, P. 1. *
Repeat * — * across row. Repeat this row until work
measures 4 inches. Then change to rib pattern
(given above) and work until work measures 12
inches from cast on.

Next Row — Knit first 4 sts. in rib of K. 1, P. 1, K. 1,
P. 1 — Knit across row in pattern, until last 4 sts.
Knit these in rib of P. 1, K. 1, P. 1, K. 1 (this forms
border at each armhole).

TO SHAPE ARMHOLE: When work measures 14 inches
from cast on, continue in pattern decreasing 1 st.
at each side every other rib, 7 times. This is done by
knitting the 5th and 6th sts. together, next to rib
border at each edge. There are now 78 sts. on needle.
Knit even in Pattern until work measures 22 inches
from cast on.

★

CHANGES FOR SIZE 40-42: Requires 100 sts. Cast on — following same instructions for size 36-38, making Pullover
16 inches instead of 14 inches for side seam length and shoulder cast off 9 sts. instead of 7 sts.

TO SHAPE NECK: With right side of work facing, K. 24
sts. Turn, keeping armhole edge even, at neck edge
decrease 1 st. every other row 3 times. Continue even
until work measures 24 inches from cast on.

TO SHAPE SHOULDERS: At armhole edge cast off 7
sts. every other row 3 times. Slip next 30 sts. onto
a stitch holder and work remaining 24 sts. to corre-
spond to other shoulder.

*USE CARE TO KEEP RIB PATTERN
throughout the shaping of shoulder*

BACK: Work exactly same as Front, omitting neck
shaping, until work measures 22 inches from cast on.

TO SHAPE SHOULDERS: With right side of work facing
you, cast off 7 sts. at beginning of next 6 rows. **DO
NOT BREAK YARN** (leaving center 36 sts. on neck
for continuation of collar).

COLLAR: Sew up shoulder seams, with right side of
work facing, using set of 4 No. 2 Needles Knit across
stitches at back of neck. Pick up and knit 12 sts.
along left side of neck. Knit across stitches on stitch
holder at Front of neck. Pick up and knit 12 sts.
along right side of neck. Divide sts. on 3 needles,
working in rounds, continue in ribbing of K. 1 st., P. 1
st. until work measures 6 inches. Bind off (very
loosely) in rib (Knit the K. stitch and Purl the P.
stitch), having a minimum stretch of 12 inches. Any-
thing smaller will not go over a man's head.

FINISHING: Press lightly. Sew up side seams 14 inches
from cast on.

Hospital Bed Socks

SIZE 11—FOOT SIZE

MATERIALS: 4 oz. 4 ply Knitting Worsted
4 Knitting Needles No. 2 (Double Points)

TENSION: 7 sts. = 1 inch

Starting at top, cast on 60 sts. — 22, 16, 22, join.
Work in ribbing (K. 2, P. 2) for 1¼ inches.

Start pattern:

1st Round — 1st Needle — K. 12, P. 1, K. 6, P. 1, K. 2.
2nd Needle — Knit. 3rd Needle — K. 2, P. 1, K. 6,
P. 1, K. 12.

Repeat this round 6 times.

8th Round — 1st Needle — K. 12, P. 1, slip the next
3 sts. on to spare needle, place at back of work,
knit the next 3 sts. from left-hand needle on to right-
hand needle, knit the 3 sts. from spare needle on to
right-hand needle (this forms cable). P. 1, K. 2. 2nd
Needle — Knit. 3rd Needle — K. 2, P. 1 cable 6 sts.
P. 1, K. 12. Repeat these 8 rounds until leg measures
4 inches from beginning (ribbing included).

1st Round — Decreasing. 1st Needle — Pattern. 2nd
Needle — K. 5, K. 2 tog. K. 2, S. 1, K. 1, PSSO. K. 5.

3rd Needle — Pattern.

2nd Round — Knit even.

3rd Round — 1st Needle — Pattern. 2nd Needle —
K. 4, K. 2 tog. K. 2, S. 1, K. 1, PSSO., K. 4. 3rd
Needle — Pattern.

4th Round — Knit even.

5th Round — 1st Needle — Pattern. 2nd Needle —
K. 3, K. 2 tog. K. 2, S. 1, K. 1, PSSO., K. 3 (54 sts.
on needle).

DIVIDE FOR HEEL: Next round — 1st Needle — K. 14
sts. slip these 14 sts. on to 3rd needle. K. 8 sts. from
1st needle onto spare needle, K. 10 sts. from 2nd
needle on to same needle. K. 8 sts. from 3rd needle
on to same needle (26 sts. on needle) turn, P. 26,
turn.

1st Row — * S. 1, K. 1 repeat from * to end.

2nd Row — Purl.

Repeat these 2 rows 12 times (26 rows).

TO TURN HEEL: Next row (right side) — K. 14, S. 1,
K. 1, PSSO., K. 1, turn; P. 4, P. 2 tog. P. 1, turn, K. 5.



Instructions continued on page 44

c - *Balaclava Light Weight*

SMALL HEAD SIZE

MATERIALS: 3 oz. 3 Ply Sport Yarn
4 No. 2 Knitting Needles (Double Points)
4 No. 3 Knitting Needles (Double Points)

TENSION: 7 sts. = 1 inch.

With No. 2 needles, starting at lower edge cast on 90 sts. and divide 30 sts. on 1st, 2nd and 3rd needles. Knit in Rib of K. 1 st., P. 1 st. for 4 inches. Change to No. 3 needles and change pattern as follows:

PATTERN: 1st Round — K. 1, P. 1 to end of Round.
2nd Round — Knit.

Repeat these 2 Rounds for Pattern.

Continue in Pattern for 1 inch.

Next Round — In Pattern.

Cast off 34 sts. for face opening. Knit to end. Now work backwards and forwards on remaining 56 sts. for 6 inches. Next row cast on 34 sts. to close face opening. Now divide

work on 3 needles again and work even for 3 inches.

TO SHAPE CROWN: 1st Round * Rib in Pattern 16, K. 2 tog. * Repeat * — * to end of round.

2nd Round * K. 15 — K. 2 tog. * Repeat from * — * to end of round.

Continue decreasing in this manner (5 sts. every round) until 20 sts. remain.

Break yarn leaving about 12 inches, with darning needle thread and run through remaining stitches, draw up firmly together and fasten securely.

FACE BAND: With No. 2 needles pick up 110 sts. equally round face opening, divide onto three needles and work in Rib of K. 1 st., P. 1 st. for 1½ inches. Cast off in rib. (Knit the K. st. and Purl the P. st.)

FINISHING: Press lightly.

d - *Watch Cap*

MATERIALS: 8 oz. 4 Ply Knitting Worsted.
4 Double Point Knitting Needles, size No. 3.

GAUGE: 7 sts. = 1 inch.

Cast on 136 sts. Divide sts. on three needles as follows: 45 sts. on first two and 46 on third needle. Knit in ribbing of K. 1, P. 1, until work measures

10 inches.

Break yarn leaving about 12 inches, and using darning needle draw through all sts. Gather tightly and sew firmly, closing the opening which forms pleats.

FINISHING: Press lightly.

Navy Gloves

Continued from page 28

leaving 8 inch end. Thread darning needle and run through remaining sts. draw up and darn securely on wrong side.

SECOND FINGER: K. next 7 sts. of round, cast on 2 sts. K. last 7 sts. of round, pick up and K. 3 sts. at base of First Finger. Divide these 19 sts. on 3 needles. Work ¾ inches even in pattern.

DECREASE ROUND: K. 2 tog. 9 times, K. 1. Finish as for First Finger.

THIRD FINGER: K. next 7 sts. of round, cast on 2 sts. K. last 7 sts. of round, pick up K. 2 sts. at base of Second Finger. Divide these 18 sts. evenly on 3 needles. Work as for First Finger.

FOURTH FINGER: K. remaining sts. pick up K. 4 sts. at base of Third Finger. Divide these 14 sts. on 3 needles. Work ¾ inches even.

DECREASE ROUND: K. 2 tog. 7 times. Finish as for First Finger.

THUMB: K. the 15 sts. which were left for Thumb, pick up and K. 4 sts. from opening. Divide these sts. on 3 needles. Work 2¼ inches.

DECREASE ROUND: K. 2 tog. 9 times, K. 1. Finish as for First Finger.

LEFT HAND GLOVE: Work exactly same as for Right Hand Glove until fingers are reached.

FIRST FINGER: K. first 11 sts. Slip next 38 sts. to a thread, cast on 2 sts., and K. to last 5 sts. Work remainder of Glove same as Right Glove, beginning at back to K. sts. for fingers.

FINISHING: Press lightly.

Continued from page 28

c - *Navy Scarf*

10 INCHES WIDE — 48 INCHES LONG

MATERIALS: 8 oz. 4 ply Knitting Worsted
1 pr. Knitting Needles No. 4

GAUGE: 6 sts. = 1 inch

PATTERN: 1st Row — Knit

2nd Row — * K. 1 st., P. 1 st. * Repeat * — * across row

Cast on 60 sts. and knit in Pattern until work measures 48 inches and bind off.

FINISHING: Press lightly.

ARMY MUFFLER (Not Illustrated)

MATERIALS: 8 oz. 4 Ply Knitting Worsted
1 pr. Knitting Needles No. 4

GAUGE: 6 sts. = 1 inch

Cast on 50 sts. and knit Plain Knitting for 48 inches and bind off.

FINISHING: Press lightly.

Rifle Gloves

KNIT WITH 2 NEEDLES

MATERIALS: 2 oz. 4 ply Knitting Worsted
1 pr. No. 3 Knitting Needles

SIZE: To fit average hand

TENSION: 7 sts. = 1 inch

RIGHT HAND: Cast on 48 sts. and work 3 inches in K. 2, P. 2 rib.

Change to plain knitting (every row K.) and work 4 rows.

TO SHAPE THUMB: 1st Row — K. 27 inc. in next st., K. 1 inc. in next st. Knit to end.

2nd Row — Knit to end.

3rd Row — K. 27, inc. in next st., K. 3, inc. in next st. Knit to end.

4th Row — As 2nd Row.

5th Row — K. 27, inc. in next st., K. 5, inc. in next st. Knit to end.

6th Row — As 2nd Row.

Continue inc. in this way (2 extra sts. between the increase sts. on each increase row) until you have 21 sts. for thumb (68 sts. on needle). Knit one row.

Next Row — K. 49, turn, K. 21, turn. Cast on 3 sts. and work 8 rows in K. 2, P. 2 rib on these 24 sts. Cast off in rib.

With right side of work facing, join wool. Pick up 6 sts. from cast on sts. at base of thumb. Knit to end.

Work 21 rows across all sts.

Next Row — K. 35, turn, K. 17, turn. Cast on 3 and work 8 rows in K. 2, P. 2 rib on these 20 sts. Cast off in rib.

Join wool and with right side of work facing, pick up 4 sts. from cast on sts. at base of finger. K. to end of row, K. one more row, then work 8 rows of K. 2, P. 2 rib. Cast off in rib.

LEFT HAND: Work as for right hand as far as thumb shaping.

SHAPE THUMB: 1st Row — K. 18, inc. in next st., K. 1, inc. in next st. Knit to end.

2nd Row — Knit to end.

3rd Row — K. 18, inc. in next st., K. 3, inc. in next st. Knit to end. Continue inc. in this way as for right hand, until you have 68 sts. on needle. Knit one row.

Next Row — K. 40, turn, cast on 3, K. 24, turn. Work 8 rows in K. 2, P. 2 rib. Cast off in rib.

Join wool and with right side of work facing, pick up 6 sts. from base of thumb. Knit to end. Continue as for right hand as far as first finger.

Next Row — K. 35, turn. Cast on 3 sts., turn, K. 20, turn and work as for right hand. Complete as for right hand.

FINISHING: Sew up thumb, finger and side seams. Press lightly.

Continued from page 40

Hospital Bed Socks

S. 1, PSSO., K. 1, turn; P. 6, P. 2 tog. P. 1, turn. Continue working in this manner (having 1 st. more each row) until all side sts. are worked off. Pick up and knit 14 sts. on left side of heel, knit across from needles (place these 28 sts. on to one needle), pick up and K. 14 sts. on other side of heel. Divide sts. from back of heel equally on two side needles. Knit 1 round.

DECREASE FOR INSTEP: 1st Round — 1st Needle — Knit to within 3 sts. K. 2 tog. K. 1. 2nd Needle — Knit. 3rd Needle — K. 1, S. 1, K. 1, PSSO., knit to end. 2nd Round — Knit. Repeat these 2 rounds until 14 sts. remain on each

side needle. Continue evenly until foot measures $7\frac{1}{2}$ inches from back of heel.

SHAPE TOE: 1st Round — 1st Needle — Knit to within 3 sts. K. 2 tog. K. 1. 2nd Needle — K. 1, S. 1, K. 1, PSSO., knit to within 3 sts. K. 2 tog. K. 1. 3rd Needle — K. 1, S. 1, K. 1, PSSO., knit to end. 2nd Round — Knit.

Repeat these 2 rounds until 5 sts. remain on each side needle, 10 sts. on front needle, knit 5 sts. from 1st needle on to 3rd needle. Break wool, leaving about 8 inches.

GRAFT TOE: See directions on page 46.

FINISHING: Press lightly.

c-Bed Socks

SIZES 11-12

MATERIALS: 4 oz. 4 ply Knitting Worsted
4 Knitting Needles No. 3 (Double Points)

TENSION: 6 sts. = 1 inch

Starting at top, cast on 48 sts. (16 sts. on each of 3 needles), join. Work in ribbing (K. 3, P. 1) for 6 inches.

DIVIDE FOR HEEL: Next Round — Knit 24 sts. (Divide remaining 24 sts. on two needles for instep). Continue on these 24 sts., turn.

1st Row — K. 1, P. 22, K. 1.

2nd Row — Knit.

Repeat these 2 rows 9 times.

21st Row — K. 1, P. 22, K. 1.

TO SHAPE HEEL: 1st Row — K. 13, S. 1, K. 1, PSSO, K. 1, turn.

2nd Row — P. 4, P. 2 tog., P. 1, turn.

3rd Row — K. 5, S. 1, K. 1, PSSO, K. 1, turn.

4th Row — P. 6, P. 2 tog., P. 1, turn.

5th Row — K. 7, S. 1, K. 1, PSSO, K. 1, turn.

6th Row — P. 8, P. 2 tog., P. 1, turn.

7th Row — K. 9, S. 1, K. 1, PSSO, K. 1, turn.

8th Row — P. 10, P. 2 tog., P. 1, turn.

9th Row — K. 11, S. 1, K. 1, PSSO, K. 1, turn.

10th Row — P. 12, P. 2 tog., P. 1, turn.

Next Row — K. 14, pick up and knit 12 sts. alongside of heel; rib across the 28 sts. of instep, pick up and knit 12 sts. along other side of heel. (Divide sts. equally from back of heel on to side needles, 19 sts. on each side needle, 28 sts. on front needle.)

1st Round — 1st Needle — Knit. 2nd Needle — Rib. 3rd Needle — Knit.

2nd Round — 1st Needle — Knit to within 4 sts. K. 2 tog., K. 2. 2nd Needle — Rib. 3rd Needle — K. 2, S. 1, K. 1, PSSO, knit to end.

Repeat these 2 rounds, 6 times (48 sts. on needles). Continue evenly until foot measures 5 inches from last decreasing.

SHAPE TOE: 1st Round — * K. 6, K. 2 tog., repeat from * a round. Knit 2 rounds even.

5th Round — * K. 5, K. 2 tog., repeat from * a round. Knit 3 rounds even.

9th Round — * K. 4, K. 2 tog., repeat from * a round. Knit 3 rounds even.

Continue decreasing in this manner 6 sts. every 4th round, until 18 sts. remain on needle.

Next Round — K. 2 tog. 9 times. Break wool and draw through remaining sts. fastening securely on wrong side. Knit other sock the same.

FINISHING: Press lightly.

Continued from page 32

B-Sea Boot Stockings

WITH DOUBLE HEEL AND FLAT TOE — SIZE #12 — LEG 18 INCHES

MATERIALS: 12 oz. 4 Ply Knitting Worsted
4 Knitting Needles No. 3 (Double Point)

TENSION: 7 sts. = 1 inch

Starting at top, cast on 64 sts. (20 sts. on each of 2 needles, 24 sts. on 3rd needle), join.

Work in ribbing (K. 2, P. 2) for $9\frac{1}{2}$ inches.

START DECREASING:

Next Round — 1st needle — S. 1, K. 1, PSSO, rib to end. 2nd Needle — Rib. 3rd Needle — Rib to within 4 sts., K. 2 tog. P. 2 (seam stitches).

Work 5 rounds even.

Repeat the last 6 rounds, 3 times (56 sts. on needles). Continue in ribbing until work measures 18 inches from beginning.

DIVIDE FOR HEEL:

Next Round — K. 13, turn P. 28 sts. (Divide remaining 28 sts. onto 2 needles), turn.

1st Row — * S. 1, K. 1, repeat * to end.

2nd Row — Purl.

Repeat these 2 rows for 3 inches.

TO TURN HEEL:

Next Row (Wrong Side) — P. 15, P. 2 tog. P. 1, turn, K. 4, S. 1, K. 1, PSSO, K. 1, turn P. 5, P. 2 tog., P. 1, turn K. 6, S. 1, K. 1, K. 1, PSSO, K. 1, turn.

Continue in this manner (having 1 st. more every row) until all side sts. are worked off.

Pick up and knit 14 sts. on left side of heel. Rib across front needles. (Place these 28 sts. on one needle), pick up and knit 14 sts. on other side of heel. Divide sts. from back of heel equally on the 2 side needles. Work thus:

1st Round — 1st Needle: Knit. 2nd Needle: Rib 28 sts. 3rd Needle: Knit.

2nd Round — 1st Needle: Knit to within 3 sts. K. 2 tog. K. 1. 2nd Needle: Rib 28 sts. 3rd Needle: K. 1, S. 1, K. 1, PSSO, knit to end.

Repeat these 2 rounds until 14 sts. remain on each side needle (56 sts. on needles).

Continue evenly (keeping 28 sts. on front needle in ribbing) until foot measures 10 inches from back of heel.

SHAPE TOE:

1st Round — 1st Needle: Knit to within 3 sts. K. 2 tog. K. 1. 2nd Needle: K. 1, S. 1, K. 1, PSSO, knit to within 3 sts. K. 2 tog. K. 1, 3rd Needle: K. 1, S. 1, K. 1, PSSO, knit to end.

2nd Round — Knit.

Repeat the last 2 rounds, until 10 sts. remain on front needle, 5 sts. on each side needle, knit the 5 sts. from 1st needle onto 3rd needle. Break wool, leaving about 8 inches.

GRAFT TOE: See directions on page 46.

c-Regulation Socks — Heavy

WITH DOUBLE HEEL AND FLAT TOE — SIZE 11-12 INCH FOOT

MATERIALS: 8 oz. 4 Ply Knitting Worsted
4 Knitting Needles No. 2 (Double Point)

TENSION: 7 sts. = 1 inch

Starting at top, cast on 60 sts. (20 sts. on each of 3 needles), join. Work in ribbing (K. 1, P. 1) for 4 inches. Continue Plain Knit stitch until work measures $6\frac{1}{2}$ inches from beginning (ribbing included).

START DECREASINGS:

Next Round — 1st Needle: K. 1, S. 1, K. 1, PSSO, knit to end. 2nd Needle: Knit. 3rd Needle: Knit to within 3 sts. K. 2 tog. K. 1. Work 7 rounds even. Repeat the last 8 rounds twice, (54 sts. on needle). Continue evenly until work measures 11 inches from beginning (ribbing included).

DIVIDE FOR HEEL:

Next Round — K. 13, turn, P. 26. (Place remaining 28 sts. onto 2 needles), turn.

1st Row — * S. 1, K. 1, repeat from * to end.

2nd Row — Purl. Repeat these 2 rows, 13 times.

29th Row — Knit.

TO TURN HEEL:

Next Row (Wrong Side) — P. 14, P. 2 tog., P. 1, turn K. 4, S. 1, K. 1, PSSO, K. 1, turn P. 5, P. 2 tog., P. 1, turn, K. 6, S. 1, K. 1, PSSO, K. 1, turn.

Continue in this manner (having 1 st. more every row) until all side sts. are worked off.

Pick up and knit 15 sts. on left side of heel, knit 28 sts. from front needles. (Place these 28 sts. on one needle), pick up and knit 15 sts. on other side of heel. Divide sts. from back of heel equally on the 2 side needles. Knit 1 round.

DECREASE FOR INSTEP:

1st Round — 1st Needle: Knit to within 3 sts. K. 2 tog. K. 1. 2nd Needle: Knit. 3rd Needle: K. 1, S. 1, K. 1, PSSO, knit to end.

2nd Round — Knit.

Repeat these 2 rounds until there are 14 sts. on each side needle (56 sts. on needles).

Continue evenly until foot measures $9\frac{1}{2}$ inches from back of heel.

SHAPE TOE:

1st Round — 1st Needle: Knit to within 3 sts. K. 2 tog. K. 1. 2nd Needle: K. 1, S. 1, PSSO, knit to within 3 sts. K. 2 tog. K. 1. 3rd Needle: K. 1, S. 1, K. 1, PSSO, knit to end.

2nd Round — Knit.

Repeat the last 2 rounds until 10 sts. remain on front needle, 5 sts. on each side needle, knit 5 sts. from 1st needle onto 3rd needle. Break wool, leaving about 8 inches.

GRAFT TOE: See directions, page 46

Facts to know about

IMPORTANT . . . CHECK THESE

Use (if possible) only 100% Pure

GARMENT	YARN TO USE	ARMY	NAVY
Socks (Heavy) (Medium Weight)	4 Ply Knitting Worsted 3 Ply Sport Yarn	Grey or Khaki O.D.	Navy Blue, Black or Grey
Sleeveless Sweaters	4 Ply Knitting Worsted	Men Crew Neck Officers V Neck, Khaki O.D.	Crew Neck Navy Blue
Sweaters (with sleeves)	4 Ply Knitting Worsted	Crew Neck, Khaki O.D.	Crew Neck
Turtle Neck Sweaters	4 Ply Knitting Worsted		Navy Blue and White Sleeveless
Scarves (Heavy) Medium Weight	4 Ply Knitting Worsted Heavy 3 Ply Sport Yarn	Khaki O.D. Width—11 in. Length—40 in.	Navy Blue—Width—12 to 14 in. Length—60 to 72 inches White—Officers
Turtle Neck Tuck-Ins Heavy	4 Ply Knitting Worsted	Khaki O.D.	Navy Blue Crew Neck only
Convalescent Jacket Heavy, Medium Weight	4 Ply Knitting Worsted 3 Ply Sport Yarn	Grey White, Khaki O.D.	Grey, Navy Blue White
Seamen's Stockings	4 Ply Knitting Worsted		Navy Blue or Grey
Knee Length Stocking	3 Ply Sport Yarn	Khaki O.D.	
Helmets	4 Ply Knitting Worsted	Khaki O.D.	Navy Blue
Steel Helmet Caps	3 Ply Sport Yarn	Khaki O.D.	Navy Blue
Face Masks	4 Ply Knitting Worsted	Khaki O.D.	Navy Blue
Gloves, Heavy Medium Weight	4 Ply Knitting Worsted 3 Ply Sport Yarn	Khaki O.D.	Navy Blue White only—Officers
Mitts, Heavy Medium Weight	4 Ply Knitting Worsted 3 Ply Sport Yarn	Khaki O.D.	Navy Blue
Two-way Mitts, Heavy	4 Ply Knitting Worsted	Khaki O.D.	Navy Blue

SPECIAL INFORMATION

DO NOT: Press service hand knits with a hot iron . . .

PRESS: Lightly between damp towels.
Check garments carefully before sending them to your Organization Bureau or Depot.

SOCK TOPS: Must stretch to 7½ inches. Elasticity is secured by casting on loosely or casting on stitches on a size larger needle than instructions call for.
Always splice yarn when joining ends—do not knot yarn.

SWEATERS: All neck lines must be large enough to go comfortably over the average man's head. Arm holes on sleeveless sweaters measure 10 inches deep. The side seams from cast on stitches to

armhole should be 14 to 16 inches. The Present Army Uniform requires this length sweater. The V-neck opening should measure 9 inches.

GLOVES, MITTENS: Should fit the average size man.

HELMETS AND CAPS: Should fit head—average size man.

SEAMAN STOCKINGS: Should measure 18 to 20 inches and feet at least 12 inches long.

SOCKS: Pick up stitches of heel loosely, using care.

TOES: Should be grafted in same tension as sock. Finish the toe by running yarn away from toe. Do not run yarn across toe.

HOW TO GRAFT OR WEAVE STITCHES: Break off yarn, leaving 12-inch end. Thread in Darning Needle and Weave sts. together as follows:
* Pass needle through first st. of front needle, as if to knit, and slip st. off. Pass through 2nd st. as if to Purl, but leave on needle. Draw yarn through 1st st. of back needle as if to Purl. Slip st. off. Draw yarn through 2nd st. of back needle, as if to Knit. Leave st. on * Repeat from — until all stitches are joined. Fasten securely and darn in end away from toe of sock or tip of mitten.

Service Knitting

DETAILS TO ASSURE SATISFACTION

Wool Yarn for Service Hand Knits

MARINES	AIR FORCE	COAST GUARD	MERCHANT MARINE	DIRECTION PAGE
Black, White O.D. V-neck O.D.	Grey-Black Khaki O.D.	Navy Blue, Black or Grey	Navy Blue or Grey	32-40
V-neck O.D.	V Neck, Crew Neck Khaki O.D.	Turtle Neck, Crew Neck Navy Blue	Crew Neck Navy or Turtle Neck	6-8-10 12-14-40
	V-Neck, Crew Neck Khaki O.D.	Crew or Turtle Neck Navy Blue	Crew or Turtle Neck Navy or Grey	4
	Sleeveless Khaki O.D.	Navy Blue, Grey and White Sleeveless	Navy or Grey and White Sleeveless	4-8-40
	Khaki O.D. Muffler Type	Navy Blue Same as Navy	Navy or Grey Width 12 to 14 inches Length 60 to 72 inches	36-38-43
Khaki O.D.	Khaki O.D.	Navy Blue Crew Neck	Navy Blue and White, Crew	34
Grey, White	Grey, White Khaki O.D.	Navy Blue, White Grey	Navy Blue, White Grey	16
		Navy Blue or Grey	Navy Blue or Grey	45
	Khaki O.D.			32
Khaki O.D.	Khaki O.D.	Navy Blue	Navy Blue or Grey	20
	Khaki O.D.	Navy Blue	Navy Blue or Grey	22
	Khaki O.D.	Navy Blue	Navy Blue or Grey	24
	Khaki O.D.	Navy Blue (Grey may be worn at sea)	Navy Blue or Grey	27-28-30
	Khaki O.D.	Navy	Navy Blue or Grey	24-26
	Khaki O.D.	Navy Blue	Navy Blue or Grey	32-36

ABBREVIATIONS FOR TERMS USED IN KNITTING AND CROCHETING

KNITTING

K - knit
P - purl
st. - stitch
M - make
Inc. - increase
Dec. - decrease
PSSO - pass slip stitch over
RB - 2 rows
LWF - leave wool forward
WO - wool over
Tog - together
WAN - wool around needle
S - slip stitch

CROCHET

ch. - chain
s. c. - single crochet
d. c. - double crochet
tr. c. - treble crochet
d. s. c. - double single crochet

An Asterisk (*) indicates that directions immediately following are to be repeated given number of times in addition to the original.
"Even" means that a row is to be worked without either increase or decrease.

IMPORTANT: The Hand Knits shown in this book are suitable for Air Raid Wardens and Volunteer Workers. The garments are warm without being bulky. Many garments are also acceptable as practical garments for victims of the war. When finished garments are returned to your organization or depot it is recommended that care to protect Hand Knits (which are to be stored for emergency needs) is of great importance. Moth balls or similar preparations, should be used to pack with, in securely tied clean wrappings, and cartons.