

WATCH CAP

(U. S. Navy)

Equipment Needed:

Yarn—4 ozs. 4/8 sweater yarn, DARK NAVY BLUE.

Needles—4 needles to fit Red Cross Needle Gauge for socks, babies' knitted wear, etc. Gauges available from Area Offices.

INSTRUCTIONS FOR MAKING

Cast on 140 sts. and proceed as follows:

1st row: K 1, P 1. 2nd row: P 1, K 1.

Repeat these two rows twice, making a total of 6 rows.

Put stitches on three needles, 46 sts. on the first two, and 48 sts. on the third. K 1, P 1 in rounds for 12 inches.

Knit plain without ribbing for 1 inch.

Break thread leaving about 12 inches, and draw thread through all stitches. Gather as tightly as possible, then sew firmly together to entirely close opening and make a pleated effect, first sewing together in one direction, and then in the opposite direction, etc.

Press with a damp cloth and warm iron.

Sew together strip at border.

Chapter Label should be sewn on inside edge at back.

Do not start another cap with left-over yarn.

Please return all unused yarn to Chapter.

THE AMERICAN NATIONAL RED CROSS

Washington, D. C.