

U. S. NAVY - ICELAND SWEATER
(Ribbed Pull-over with Turtle-Neck)

Equipment Needed

Yarn: 30 ozs. 4/4 sweater yarn, dark navy blue, for body.
6 ozs. 4/8 sweater yarn, dark navy blue, for ribbing.
Needles: One pair No. 8 needles for body.
One pair No. 4 needles for ribbing.

INSTRUCTIONS FOR MAKING

Front: Using No. 4 needles and light wool, cast on 96 stitches.

K 1, P 1 for $5\frac{1}{2}$ inches.

Tie in extra heavy wool and change to No. 8 needles.

First row: *K1, P 1 for 8 sts., K 2 together. Repeat from * to last 2 stitches.
K 2 together. (86 sts. now on needle.)

Note: Keep pattern of ribbing even though sometimes in knitting 2 together it brings two knitted or two purled stitches together. Do this throughout the sweater in spite of increasings or decreasings.

Second row: P 1, K 1.

Third row: K 1, P 1.

Fourth row: P 1, K 1. (This gives a "popcorn" border.)

Next row: K 1, P 1.

Repeat this row until work measures $12\frac{1}{2}$ inches from beginning of heavy wool.

Cast off 3 sts. at beginning of next two rows for armholes.

Decrease 1 st. each end of needle every other row three times (74 sts. now on needle).

Work without shaping for 22 rows.

First Shoulder: K 1, P 1 for 30 sts. Turn. Work back and forth on these 30 sts. as follows:

First row: K 1, P 1 across.

Second row: K 1, P 1 to last 3 sts. P 2 together. P 1.

Third row: K 1, P 2 together. Work in pattern to end of row.

Fourth row: K 1, P 1 to last 3 sts. P 2 together. P 1.

Fifth row: K 1, P 2 together. Work in pattern to end of row.

Sixth row: K 1, P 1 to last 3 sts. P 2 together. P 1.

Seventh row: Work across in pattern without decreasing.

Eighth row: K 1, P 1 to last 3 sts. K 2 together. P 1.

Work 3 rows without shaping. Bind off these 24 stitches.

Slip first 14 sts. of remaining 44 on to stitch holder or spare needle for front of neck.

Second Shoulder: Join in wool and work on remaining 30 sts. as follows:

First row: K 1, P 1.

Second row: K 1, P 1.

Third row: K 1, K 2 together. Work in pattern to end of row.

Fourth row: Work in pattern to last 3 sts. K 2 together. P 1.

Fifth row: K 1, K 2 together. Work in pattern to end of row.

Sixth row: Work in pattern to last 3 sts. K 2 together. P 1.

Seventh row: K 1, K 2 together. Work in pattern to end of row.

Eighth row: Work in pattern across row.

Ninth row: K 1, P 2 together. Work in pattern to end of row.

Work two rows without shaping. Bind off these 24 stitches.

Back: Work the same as for front until all narrowing after casting off for armholes is completed.

Work without shaping for $6\frac{1}{2}$ inches. Bind off 26 sts. K 1, P 1 for 22 sts. Bind off remaining 26 sts.

Sleeves: Using No. 4 needles and light wool, cast on 48 stitches. K 1, P 1 for $5\frac{1}{2}$ inches. Tie in heavy wool and using No. 8 needles proceed as follows: Knit 4 *. Increase once in next stitch, knit 7. Repeat from * to last 4 sts., increase once in next stitch, K 3. (54 sts. now on needle.)

Proceed as follows:

First row: P 1, K 1.

Second row: K 1, P 1.

Third row: P 1, K 1.

Fourth row: K 1, P 1.

Repeat the 4th row, increasing one stitch at each end of needle in the following 6th row and every 6th row thereafter until there are 74 stitches on the needle. Be especially careful to keep pattern when increasing.

Continue in ribbing (K 1, P 1) without increasing until work measures 20 inches, including cuff. Knit 2 together at each end of every row until 60 sts. remain, then cast off 2 sts. at the beginning of every row until 24 sts. remain, then cast off these 24 sts. Work another sleeve in the same manner.

With a damp cloth and warm iron press carefully. Sew up right shoulder seam only.

Collar: Using No. 4 needles and light wool, with right side of work facing, join in wool and knit up 24 sts. along the left side of neck, K 1, P 1 across the 14 sts. of the front (previously left on stitch holder) knit up 24 sts. along the right side of neck and K 1, P 1 across 22 sts. of the back (left on needle) (84 sts.) K 1, P 1 on the 84 sts. for $5\frac{1}{2}$ inches. Bind off loosely with a large needle, knitting the knit stitches and purling the purled stitches. Sew up other shoulder and collar. Sew in sleeves, matching armholes. Sew up sleeves and sides.

Chapter Label should be sewed inside the back at neck of sweater.

Do not start another garment with left-over yarn.

Please return all unused yarn to Chapter.